

# Meal Prices 2015-16

	Breakfast	Lunch
Full Price Students	Elementary: \$1.00 Secondary: \$1.00	Elementary: \$1.75 Secondary: \$2.00
Reduced Students	Elementary: \$ .30 Secondary: \$ .30	Elementary: \$ .40 Secondary: \$ .40
Employees	\$ 2.00	\$ 4.15
Visitors at Cost	\$ 2.00	\$ 4.15

## Charges For Extra Meal Items

	Breakfast	Lunch
With Meal	Entrée \$1.00 <i>(meat and/or bread)</i>	Meat: \$1.25 Dessert: \$ .50 Vegetable/Fruit: \$ .50 Bread: \$ .50 Fruited Yogurt: \$ .75
<b><u>With or Without Meal</u></b>		
Milk, 8 oz.	\$ .50	
Juice, 4 oz.	\$ .50	
Bottled Water	\$ .50	
Catsup (2 pkts)	\$ .10	

**Choose Well,  
Eat Well**



## BREAKFAST

**CHOOSE** 3 or 4 of the 4 different Food Groups, **MUST** select 1/2 c. Fruit **OR** Juice

### U.S.D.A. Meal Pattern

#### All Grades

- 1/2 c. Fruit and 1/2 c. Juice (4oz.)
- 2 oz. Whole Grains (2 slices) **or**
- 1 oz. Meat/Meat alternate & 1 oz. Grains
- 1 c. Milk (8oz.) Lowfat, unflavored or fat free flavored

## LUNCH

**CHOOSE** 3, 4 or 5 of the different Food Groups.

### U.S.D.A. Meal Pattern

#### K-8

#### Elementary/Middle School

- 1/2 c. Fruit
- 2 Separate Vegetables, two 1/2 cups  
*1 c. Salad = 1/2 c. Veg*
- 1 - 2 oz. Whole Grains
- 1 1/2 - 2 oz. Meat/Meat Alternate
- 1 c. Milk (8 oz.)

Lowfat unflavored or fat free flavored

**Must** select 1/2 c. Fruit **Or** Veg.

**or** 1/2 c. Total **Both**

### U.S.D.A. Meal Pattern

#### 9-12

#### High School

- 1 c. Fruit
- 2 Separate Vegetables, two 1/2 cups  
*1 c. Salad = 1/2 c. Veg.*
- 2 - 3 oz. Whole Grains
- 2 - 3 oz. Meat/Meat Alternate
- 1 c. Milk (8 oz.)

Lowfat unflavored or fat free flavored

**Must** select 1c. Fruit or Veg. **Or** 1c. Total **Both**