

Meal Prices 2015-16

	Breakfast	Lunch
Full Price Students	Elementary: \$1.00 Secondary: \$1.00	Elementary: \$1.75 Secondary: \$2.00
Reduced Students	Elementary: \$.30 Secondary: \$.30	Elementary: \$.40 Secondary: \$.40
Employees	\$ 2.00	\$ 4.15
Visitors at Cost	\$ 2.00	\$ 4.15

Charges For Extra Meal Items

	Breakfast	Lunch
With Meal	Entrée \$1.00 <i>(meat and/or bread)</i>	Meat: \$1.25 Dessert: \$.50 Vegetable/Fruit: \$.50 Bread: \$.50 Fruited Yogurt: \$.75
<u>With or Without Meal</u>		
Milk, 8 oz.	\$.50	
Juice, 4 oz.	\$.50	
Bottled Water	\$.50	
Catsup (2 pkts)	\$.10	

**Choose Well,
Eat Well**



BREAKFAST

CHOOSE 3 or 4 of the 4 different Food Groups, **MUST** select 1/2 c. Fruit **OR** Juice

U.S.D.A. Meal Pattern

All Grades

- 1/2 c. Fruit and 1/2 c. Juice (4oz.)
- 2 oz. Whole Grains (2 slices) **or**
- 1 oz. Meat/Meat alternate & 1 oz. Grains
- 1 c. Milk (8oz.) Lowfat, unflavored or fat free flavored

LUNCH

CHOOSE 3, 4 or 5 of the different Food Groups.

U.S.D.A. Meal Pattern

K-8

Elementary/Middle School

- 1/2 c. Fruit
- 2 Separate Vegetables, two 1/2 cups
1 c. Salad = 1/2 c. Veg
- 1 - 2 oz. Whole Grains
- 1 1/2 - 2 oz. Meat/Meat Alternate
- 1 c. Milk (8 oz.)

Lowfat unflavored or fat free flavored

Must select 1/2 c. Fruit **Or** Veg.

or 1/2 c. Total **Both**

U.S.D.A. Meal Pattern

9-12

High School

- 1 c. Fruit
- 2 Separate Vegetables, two 1/2 cups
1 c. Salad = 1/2 c. Veg.
- 2 - 3 oz. Whole Grains
- 2 - 3 oz. Meat/Meat Alternate
- 1 c. Milk (8 oz.)

Lowfat unflavored or fat free flavored

Must select 1c. Fruit or Veg. **Or** 1c. Total **Both**