

Caddo Parish, Child Nutrition Programs

Child Nutrition Programs

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

| Rev. 7/31/2017 | CYCLE DAY 1 | | | CYCLE DAY 2 | | | CYCLE DAY 3 | | | CYCLE DAY 4 | | | CYCLE DAY 5 | | |
|--|-------------------------------------|-----|-----------------|-------------------------------------|-----|-----------------|-------------------------------------|-----|-----------------|-------------------------------------|-----|-----------------|---------------------------------------|-----|-----------------|
| Updated: | Food Scan | R01 | Produce Scan RA | Food Scan | R01 | Produce Scan RA | Food Scan | R01 | Produce Scan RA | Food Scan | R01 | Produce Scan RA | Food Scan | R01 | Produce Scan RA |
| | MONDAY, AUGUST 14, 2017 | | | TUESDAY, AUGUST 15, 2017 | | | WEDNESDAY, AUGUST 16, 2017 | | | THURSDAY, AUGUST 17, 2017 | | | FRIDAY, AUGUST 18, 2017 | | |
| | FIRST MEAL SERVED | | | | | | | | | | | | | | |
| BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz | Fresh Fruit (½ c) | | | Fresh Fruit (½ c) | | | Fresh Fruit (½ c) | | | Fresh Fruit (½ c) | | | Fresh Fruit (½ c) | | |
| | Fruit Juice (4 fl. oz.) | | 1484 | Fruit Juice (4 fl. oz.) | | 1484 | Fruit Juice (4 fl. oz.) | | 1484 | Fruit Juice (4 fl. oz.) | | 1484 | Fruit Juice (4 fl. oz.) | | 1484 |
| | Hot Buttery Grits or Oatmeal ½ c | | 5005 | WG LF Apple Muffin | | 6754 | WG Cinnamon Roll | | 6911 | WG LF Muffin | | 6754 | Sausage Pattie (1) | | 2016 |
| | Scrambled Eggs (1-2 oz.) | | 2271 | Choice: Assorted Cereal | | 1050 | Choice: Assorted Cereal | | 1050 | Choice: Assorted Cereal | | 1050 | WG Biscuit w/Jelly | | 6555 |
| | Choice: Assorted Cereal | | 1050 | Whole Grain Toast w/Jelly | | 6065 | Whole Grain Toast w/Jelly | | 6065 | Whole Grain Toast w/Jelly | | 6065 | Choice: Assorted Cereal | | 1050 |
| | Whole Grain Toast w/Jelly | | 6065 | Choice of Milk | | | Choice of Milk | | | Choice of Milk | | | Whole Grain Toast w/Jelly | | 6065 |
| | Choice of Milk | | | | | | Choice of Milk | | | Choice of Milk | | | Choice of Milk | | |
| LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¾ c.; 9-12 th = 1 c. | <u>ENTREE or MIXED ENTREE</u> | | | <u>ENTREE or MIXED ENTREE</u> | | | <u>ENTREE or MIXED ENTREE</u> | | | <u>ENTREE or MIXED ENTREE</u> | | | <u>ENTREE or MIXED ENTREE</u> | | |
| | Sliced Ham | | 2014 | Chicken Tetrazzini | | 2527 | Hamburgers (6-8) | | 2394 | Chili Mac | | 2700 | Steak Fingers | | 2045 |
| | | | | | | | Cheeseburger (9-12) | | 2393 | | | | | | |
| Vegetable: Other, Starchy Or Beans and Peas ½ c | <u>STARCHY/BEANS AND PEAS/OTHER</u> | | | <u>STARCHY/BEANS AND PEAS/OTHER</u> | | | <u>STARCHY/BEANS AND PEAS/OTHER</u> | | | <u>STARCHY/BEANS AND PEAS/OTHER</u> | | | <u>STARCHY/BEANS AND PEAS/OTHER</u> | | |
| | Cheesy Potatoes | | 3130 | Seasoned Green Beans | | 3034 | Baked French Fries | | 3364 | Seasoned Corn | | 3034 | Baked Potato | | 3243 |
| Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz | <u>GRAIN/BREAD</u> | | | <u>GRAIN/BREAD</u> | | | <u>GRAIN/BREAD</u> | | | <u>GRAIN/BREAD</u> | | | <u>GRAIN/BREAD</u> | | |
| | Whole Grain Grain Roll | | 6771 | Whole Grain Dinner Roll | | 6771 | | | | Oatmeal Raisin Cookie #30 | | 7638 | Whole Grain Cornbread | | 6117 |
| | | | | | | | | | | Whole Grain Cornbread | | 6117 | | | |
| Meat/Meat Alternate 6-12 th = 2-3 oz Mixed Entrée: 6-8 th ¾ c.; 9-12 th = 1c. Grain/Bread = 1-2 oz Vegetable; Other, Starchy, Beans or Peas, ½ c | <u>CHOICE FOR 6TH-12TH</u> | | | <u>CHOICE FOR 6TH-12TH</u> | | | <u>CHOICE FOR 6TH-12TH</u> | | | <u>CHOICE FOR 6TH-12TH</u> | | | <u>CHOICE FOR 6TH-12TH</u> | | |
| | Nacho w/Meat and Cheese | | 1516 | Submarine Sandwich on WG Bun | | 2040 | Oven Fried Chicken | | 2101 | Turkey Wrap (Cold Sandwich) | | 5605 | Grilled Chicken Patty on WG Bun | | 2469 |
| | Seasoned Pinto Beans | | 2326 | Baked Tator Tots | | 3362 | Whole Grain Cornbread | | 6117 | Tator Tots | | 3362 | Criss Cross Sweet Potato Fries | | 3365 |
| | | | | | | | Seasoned Cabbage | | 3210 | | | | | | |
| Salad Bar Meal 4-12 th (See Attach) | Fresh Fruit & Vegetable Salad Bar | | 2838 | Baked Potato Bar w/Grated Cheese | | 2334 | Nacho w/ Meat and Cheese Sauce | | 1516 | Fajita Chicken Salad | | 1716 | Chef Salad | | 2835 |
| Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving) | <u>DARK GREEN/RED/ORANGE/SALAD</u> | | | <u>DARK GREEN/RED/ORANGE/SALAD</u> | | | <u>DARK GREEN/RED/ORANGE/SALAD</u> | | | <u>DARK GREEN/RED/ORANGE/SALAD</u> | | | <u>DARK GREEN/RED/ORANGE/SALAD</u> | | |
| | Cesar Salad | | 1517 | Glazed Carrots | | 3044 | Tomato Pickle & Onion Salad | | 3586 | California Blend | | 3336 | Seasoned Turnip Greens | | 3390 |
| | Shredded Lettuce and Diced Tomatoes | | 10 | Green Salad (1c) | | 3556 | Sweet Potato Patties (2) | | 3154 | | | | Sliced Tomato on Lettuce | | 3586 |
| Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c | <u>FRUIT</u> | | | <u>FRUIT</u> | | | <u>FRUIT</u> | | | <u>FRUIT</u> | | | <u>FRUIT</u> | | |
| | Spiced Apples Slices | | 4004 | Fresh Oranges | | 4256 | Sliced Chilled Peaches | | 4003 | Mandarin Orange | | 4258 | Flavored Gelatin w/2 Pear Halves | | 7202 |
| | | | | | | | | | | | | | | | |
| | <u>CHOICE FOR 6TH-12TH</u> | | | <u>CHOICE FOR 6TH-12TH</u> | | | <u>CHOICE FOR 6TH-12TH</u> | | | <u>CHOICE FOR 6TH-12TH</u> | | | <u>CHOICE FOR 6TH-12TH</u> | | |
| | Fresh Grapes | | 1423 | Fruit Cocktail | | 1403 | Frozen Fruit Cup | | 4570 | Fresh Banana | | 4209 | Fresh Apple Wedges | | 4204 |
| Condiment Bar Items: (all 20%) | Dressing: Fat Free Ranch | | 4641 | Catsup, PC | | 4662 | Catsup, PC | | 4662 | Catsup, PC | | 4662 | Catsup, PC | | 4662 |
| | Fat Free Thousand Island | | 4663 | Dressing: Fat Free Ranch | | 4641 | Hot Sauce | | 4646 | Fat Free Salad Dressing Mayo | | 4645 | Dressing: Fat Free Ranch | | 4641 |
| | Fat Free Salad Dressing Mayo | | 4645 | Fat Free Thousand Island | | 4642 | Dressing: Fat Free Ranch | | 4641 | Mustard | | 4624 | Fat Free Salad Dressing Mayo | | 4645 |
| | | | | Mustard | | 4624 | Fat Free Salad Dressing Mayo | | 4645 | Dressing: Fat Free Ranch | | 4641 | Mustard | | 4624 |
| | | | | Fat Free Salad Dressing Mayo | | 4645 | | | | | | | | | |
| Beverage: Potable Water Offered Daily | Choice of Milk | | | Choice of Milk | | | Choice of Milk | | | Choice of Milk | | | Choice of Milk | | |
| Snacks: | Ham & Cheese on WG Bread | | 2446 | Turkey & Cheese on WG Bread | | 2448 | LG WG Chocolate Muffin | | 6754 | WG Cinnamon Roll (2oz.) | | 6910 | Low Fat WG Apple Spice (2 oz.) | | 6754 |
| | Fruit Juice 4 oz. | | 1482 | Fruit Juice 4 oz. | | 1482 | Choice of Milk | | | Choice of Milk | | | Choice of Milk | | |

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

Rev. 7/31/2017

| | CYCLE DAY 6 Food Scan R02 Produce Scan RA MONDAY, AUGUST 21, 2017 | CYCLE DAY 7 Food Scan R02 Produce Scan RA TUESDAY, AUGUST 22, 2017 | CYCLE DAY 8 Food Scan R02 Produce Scan RB WEDNESDAY, AUGUST 23, 2017 | CYCLE DAY 9 Food Scan R02 Produce Scan RB THURSDAY, AUGUST 24, 2017 | CYCLE DAY 10 Food Scan R02 Produce Scan RB FRIDAY, AUGUST 25, 2017 |
|--|---|--|--|--|---|
| BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits or Oatmeal ½ c 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Apple Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Sausage Pattie (1) 2016 WG Biscuit w/Jelly 6555 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk |
| Meat/Meat Alternate K-8 th = 1 ½ - 2 oz 9-12 th = 2 oz - 3 oz. Mixed Entrée K-8 th = ¾ c 9-12 th = 1 c. | <u>ENTREE or MIXED ENTRÉE</u> Pepperoni Pizza Round 2488 | <u>ENTREE or MIXED ENTRÉE</u> Oven Fried Chicken 2101 | <u>ENTREE or MIXED ENTRÉE</u> WG Corndog 2479 | <u>ENTREE or MIXED ENTRÉE</u> Chicken Nuggets 2217 | <u>ENTREE or MIXED ENTRÉE</u> Baked Cornmeal Fish Strips 2187 |
| Vegetable: Other, Starchy, Or Beans and Peas ½ c | <u>STARCHY/BEANS AND PEAS/OTHER</u> Corn On The Cob 3026 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Southern Style Beans 2223 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Tator Tots 3362 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Au Gratin Potatoes 3246 |
| Grain/Bread K-8 = 1-2 oz; 9-12 th = 2 oz | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 |
| Meat/Meat Alt 6-12 th = 2-3 oz Mixed Entrée: 6-8 th ¾ c.; 9-12 th = 1c. Grain/Bread = 1-2 oz Vegetable; Other, Starchy, Beans or Peas, ½ c | <u>CHOICE FOR 6TH-12TH</u> Spicy Chicken Patty on WG Bun 2469 Southern Style Baked Beans 2322 | <u>CHOICE FOR 6TH-12TH</u> Hot Ham & Cheese on WG Bun 2458 Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Beef Tips 2028/2189 Brown Rice 5065 WG Grain Cornbread 6117 | <u>CHOICE FOR 6TH-12TH</u> Cheeseburger on WG Bun 2393 Baked French Fries 3364 | <u>CHOICE FOR 6TH-12TH</u> Hot Turkey & Cheese on WG Bun 2448 Baked Sweet Potato Fries 3365 |
| Salad Bar Meal 4-12 th (See Attach) | Chef Salad 2835 | Baked Potato Bar w/Grated Cheese 2334 | Nacho w/Meat & Cheese Sauce 1516 | Fajita Chicken Salad 1716 | Fresh Fruit & Vegetable Salad Bar 2838 |
| Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving) | <u>DARK GREEN/RED/ORANGE/SALAD</u> Glazed Carrots 3044 Toss Salad Green 3555 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Oriental Vegetables 3336 Shredded Lettuce and Tomatoes 10 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Tossed Garden Salad 3556 Seasoned Turnip Greens 3390 | <u>DARK GREEN/RED/ORANGE/SALAD</u> California Blend 3338 Tomato, Pickle & Onion Salad 3502 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3318 Shade of Green Salad 3552 |
| Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c | <u>FRUIT</u> Fruit Cocktail 1403 <u>CHOICE FOR 6TH-12TH</u> Fresh Apple 4204 | <u>FRUIT</u> Tangerine 1425 <u>CHOICE FOR 6TH-12TH</u> Chilled Pear Halves 4001 | <u>FRUIT</u> Fresh Grapes 4208 <u>CHOICE FOR 6TH-12TH</u> Chilled Pineapple Tidbits 4207 | <u>FRUIT</u> Frozen Fruit Cup 4570 <u>CHOICE FOR 6TH-12TH</u> Fresh Banana 4209 | <u>FRUIT</u> Chilled Sliced Peaches 4003 <u>CHOICE FOR 6TH-12TH</u> Orange Wedges 4256 |
| Condiment Bar Items: (all 20%) | Fat Free Ranch 4641 Hot Sauce 4646 Mustard 4624 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 | Fat Free Ranch 4641 Mustard 4624 Catsup 4662 Hot Sauce 4646 | Fat Free Ranch 4641 Hot Sauce 4646 Mustard 4624 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 | Hot Sauce 4646 Fat Free Ranch 4641 | Catsup 4662 Tartar Sauce 4638 Hot Sauce 4646 Mustard 4624 Fat Free Salad Dressing/Mayo 4645 Fat Free Ranch 4641 |
| Beverage: Potable Water Offered Daily Snack | Choice of Milk Low Fat WG Apple Spice (2 oz.) 6754 Choice of Milk | Choice of Milk Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482 | Choice of Milk LG WG Chocolate Muffin 6754 Choice of Milk | Choice of Milk WG Cinnamon Roll (2 oz.) 6910 Choice of Milk | Choice of Milk Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482 |

Caddo Parish, Child Nutrition Programs

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

| Rev. 7/31/2017 Updated: | CYCLE DAY 1 Food Scan R03 Produce Scan RB MONDAY, AUGUST 28, 2017 | CYCLE DAY 2 Food Scan R03 Produce Scan RB TUESDAY, AUGUST 29, 2017 | CYCLE DAY 3 Food Scan R03 Produce Scan RC WEDNESDAY, AUGUST 30, 2017 | CYCLE DAY 4 Food Scan R03 Produce Scan RC THURSDAY, AUGUST 31, 2017 | CYCLE DAY 5 Food Scan R03 Produce Scan RC FRIDAY, SEPTEMBER 1, 2017 |
|--|---|--|--|--|---|
| BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits or Oatmeal ½ c 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Apple Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Sausage Pattie (1) 2016 WG Biscuit w/Jelly 6555 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk |
| LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¾ c.; 9-12 th = 1 c. | <u>ENTREE or MIXED ENTREE</u> Sliced Ham 2014 | <u>ENTREE or MIXED ENTREE</u> Chicken Tetrazzini 2527 | <u>ENTREE or MIXED ENTREE</u> Hamburgers (6-8) 2394 Cheeseburger (9-12) 2393 | <u>ENTREE or MIXED ENTREE</u> Chili Mac 2700 | <u>ENTREE or MIXED ENTREE</u> Steak Fingers 2045 |
| Vegetable: Other, Starchy Or Beans and Peas ½ c | <u>STARCHY/BEANS AND PEAS/OTHER</u> Cheesy Potatoes 3130 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Green Beans 3034 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked French Fries 3364 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Corn 3034 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Potato 3243 |
| Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz | <u>GRAIN/BREAD</u> Whole Grain Grain Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> | <u>GRAIN/BREAD</u> Oatmeal Raisin Cookie #30 7638 Whole Grain Cornbread 6117 | <u>GRAIN/BREAD</u> Whole Grain Cornbread 6117 |
| Meat/Meat Alternate 6-12 th = 2-3 oz Mixed Entrée: 6-8 th ¾ c.; 9-12 th = 1c. Grain/Bread = 1-2 oz Vegetable; Other, Starchy, Beans or Peas, ½ c | <u>CHOICE FOR 6TH-12TH</u> Nacho w/Meat and Cheese 1516 Seasoned Pinto Beans 2326 | <u>CHOICE FOR 6TH-12TH</u> Submarine Sandwich on WG Bun 2040 Baked Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Oven Fried Chicken 2101 Whole Grain Cornbread 6117 Seasoned Cabbage 3210 | <u>CHOICE FOR 6TH-12TH</u> Turkey Wrap (Cold Sandwich) 5605 Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Grilled Chicken Patty on WG Bun 2469 Criss Cross Sweet Potato Fries 3365 |
| Salad Bar Meal 4-12 th (See Attach) | Fresh Fruit & Vegetable Salad Bar 2838 | Baked Potato Bar w/Grated Cheese 2334 | Nacho w/ Meat and Cheese Sauce 1516 | Fajita Chicken Salad 1716 | Chef Salad 2835 |
| Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving) | <u>DARK GREEN/RED/ORANGE/SALAD</u> Cesar Salad 1517 Shredded Lettuce and Diced Tomatoes 10 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Glazed Carrots 3044 Green Salad (1c) 3556 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Tomato Pickle & Onion Salad 3586 Sweet Potato Patties (2) 3154 | <u>DARK GREEN/RED/ORANGE/SALAD</u> California Blend 3338 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Seasoned Turnip Greens 3390 Sliced Tomato on Lettuce 3586 |
| Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c | <u>FRUIT</u> Spiced Apples 4004 <u>CHOICE FOR 6TH-12TH</u> Fresh Grapes 1423 | <u>FRUIT</u> Fresh Oranges 4256 <u>CHOICE FOR 6TH-12TH</u> Fruit Cocktail 1403 | <u>FRUIT</u> Sliced Chilled Peaches 4003 <u>CHOICE FOR 6TH-12TH</u> Frozen Fruit Cup 4570 | <u>FRUIT</u> Mandarin Orange 4258 <u>CHOICE FOR 6TH-12TH</u> Fresh Banana 4209 | <u>FRUIT</u> Flavored Gelatin w/2 Pear Halves 7202 <u>CHOICE FOR 6TH-12TH</u> Fresh Apple Wedges 4204 |
| Condiment Bar Items: (all 20%) | Dressing: Fat Free Ranch 4641 Fat Free Thousand Island 4663 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Thousand Island 4642 Mustard 4624 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Hot Sauce 4646 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Mustard 4624 Dressing: Fat Free Ranch 4641 | Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624 |
| Beverage: Potable Water Offered Daily | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| Snacks: | Ham & Cheese on WG Bread 2446 Fruit Juice 4 oz. 1482 | Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482 | LG WG Chocolate Muffin 6754 Choice of Milk | WG Cinnamon Roll (2oz.) 6910 Choice of Milk | Low Fat WG Apple Spice (2 oz.) 6754 Choice of Milk |

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

| | CYCLE DAY 6 Food Scan Produce Scan MONDAY, SEPTEMBER 4, 2017 CADDO CLOSED LABOR DAY | CYCLE DAY 7 Food Scan R04 Produce Scan RC TUESDAY, SEPTEMBER 5, 2017 | CYCLE DAY 8 Food Scan R04 Produce Scan RC WEDNESDAY, SEPTEMBER 6, 2017 | CYCLE DAY 9 Food Scan R04 Produce Scan RD THURSDAY, SEPTEMBER 7, 2017 | CYCLE DAY 10 Food Scan R04 Produce Scan RD FRIDAY, SEPTEMBER 8, 2017 |
|--|---|--|--|--|---|
| BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz | | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Apple Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Sausage Pattie (1) 2016 WG Biscuit w/Jelly 6555 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk |
| Meat/Meat Alternate K-8 th = 1 ½ -2 oz 9-12 th = 2 oz - 3 oz. Mixed Entrée K-8 th = ¾ c 9-12 th = 1 c. | | <u>ENTREE or MIXED ENTREE</u> Oven Fried Chicken 2101 | <u>ENTREE or MIXED ENTRÉE</u> WG Corndog 2479 | <u>ENTREE or MIXED ENTRÉE</u> Chicken Nuggets 2217 | <u>ENTREE or MIXED ENTRÉE</u> Baked Cornmeal Fish Strips 2187 |
| Vegetable: Other, Starchy, Or Beans and Peas ½ c | | <u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Southern Style Beans 2223 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Tator Tots 3362 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Au Gratin Potatoes 3246 |
| Grain/Bread K-8 = 1-2 oz; 9-12 th = 2 oz | | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 |
| Meat/Meat Alt 6-12 th = 2-3 oz Mixed Entrée: 6-8 th ¾ c.; 9-12 th = 1c. Grain/Bread = 1-2 oz Vegetable; Other, Starchy, Beans or Peas, ½ c | | <u>CHOICE FOR 6TH-12TH</u> Hot Ham & Cheese on WG Bun 2458 Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Beef Tips 2028/2189 Brown Rice 5065 WG Grain Cornbread 6117 | <u>CHOICE FOR 6TH-12TH</u> Cheeseburger on WG Bun 2393 Baked French Fries 3364 | <u>CHOICE FOR 6TH-12TH</u> Hot Turkey & Cheese on WG Bun 2448 Baked Sweet Potato Fries 3365 |
| Salad Bar Meal 4-12 th (See Attach) | | Baked Potato Bar w/Grated Cheese 2334 | Nacho w/Meat & Cheese Sauce 1516 | Fajita Chicken Salad 1716 | Fresh Fruit & Vegetable Salad Bar 2838 |
| Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving) | | <u>DARK GREEN/RED/ORANGE/SALAD</u> Oriental Vegetables 3336 Shredded Lettuce and Tomatoes 10 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Tossed Garden Salad 3556 Seasoned Turnip Greens 3390 | <u>DARK GREEN/RED/ORANGE/SALAD</u> California Blend 3338 Tomato, Pickle & Onion Salad 3502 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3318 Shade of Green Salad 3552 |
| Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c | | <u>FRUIT</u> Tangerine 1425 <u>CHOICE FOR 6TH-12TH</u> Chilled Pear Halves 4001 | <u>FRUIT</u> Fresh Grapes 4208 <u>CHOICE FOR 6TH-12TH</u> Chilled Pineapple Tidbits 4207 | <u>FRUIT</u> Frozen Fruit Cup 4570 <u>CHOICE FOR 6TH-12TH</u> Fresh Banana 4209 | <u>FRUIT</u> Chilled Sliced Peaches 4003 <u>CHOICE FOR 6TH-12TH</u> Orange Wedges 4256 |
| Condiment Bar Items: (all 20%) | | Fat Free Ranch 4641 Mustard 4624 Catsup 4662 Hot Sauce 4646 | Fat Free Ranch 4641 Hot Sauce 4646 Mustard 4624 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 | Hot Sauce 4646 Fat Free Ranch 4641 | Catsup 4662 Tartar Sauce 4638 Hot Sauce 4646 Mustard 4624 Fat Free Salad Dressing/Mayo 4645 Fat Free Ranch 4641 |
| Beverage:Potable Water OfferedDaily Snack | | Choice of Milk Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482 | Choice of Milk LG WG Chocolate Muffin 6754 Choice of Milk | Choice of Milk WG Cinnamon Roll (2 oz.) 6910 Choice of Milk | Choice of Milk Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482 |

Caddo Parish, Child Nutrition Programs

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

| Rev. 7/31/2017 Updated: | CYCLE DAY 1 Food Scan R05 Produce Scan RD MONDAY, SEPTEMBER 11, 2017 | CYCLE DAY 2 Food Scan R05 Produce Scan RD TUESDAY, SEPTEMBER 12, 2017 | CYCLE DAY 3 Food Scan R05 Produce Scan RE WEDNESDAY, SEPTEMBER 13, 2017 | CYCLE DAY 4 Food Scan R05 Produce Scan RE THURSDAY, SEPTEMBER 14, 2017 | CYCLE DAY 5 Food Scan R05 Produce Scan RE FRIDAY, SEPTEMBER 15, 2017 Caddo Parish Pay Period |
|--|---|--|--|--|---|
| BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits or Oatmeal ½ c 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Apple Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Sausage Pattie (1) 2016 WG Biscuit w/Jelly 6555 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk |
| LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¾ c.; 9-12 th = 1 c. | <u>ENTREE or MIXED ENTREE</u> Sliced Ham 2014 | <u>ENTREE or MIXED ENTREE</u> Chicken Tetrazzini 2527 | <u>ENTREE or MIXED ENTREE</u> Hamburgers (6-8) 2394 Cheeseburger (9-12) 2393 | <u>ENTREE or MIXED ENTREE</u> Chili Mac 2700 | <u>ENTREE or MIXED ENTREE</u> Steak Fingers 2045 |
| Vegetable: Other, Starchy Or Beans and Peas ½ c | <u>STARCHY/BEANS AND PEAS/OTHER</u> Cheesy Potatoes 3130 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Green Beans 3034 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked French Fries 3364 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Corn 3034 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Potato 3243 |
| Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz | <u>GRAIN/BREAD</u> Whole Grain Grain Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> | <u>GRAIN/BREAD</u> Oatmeal Raisin Cookie #30 7638 Whole Grain Cornbread 6117 | <u>GRAIN/BREAD</u> Whole Grain Cornbread 6117 |
| Meat/Meat Alternate 6-12 th = 2-3 oz Mixed Entrée: 6-8 th ¾ c.; 9-12 th = 1c. Grain/Bread = 1-2 oz Vegetable; Other, Starchy, Beans or Peas, ½ c | <u>CHOICE FOR 6TH-12TH</u> Nacho w/Meat and Cheese 1516 Seasoned Pinto Beans 2326 | <u>CHOICE FOR 6TH-12TH</u> Submarine Sandwich on WG Bun 2040 Baked Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Oven Fried Chicken 2101 Whole Grain Cornbread 6117 Seasoned Cabbage 3210 | <u>CHOICE FOR 6TH-12TH</u> Turkey Wrap (Cold Sandwich) 5605 Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Grilled Chicken Patty on WG Bun 2469 Criss Cross Sweet Potato Fries 3365 |
| Salad Bar Meal 4-12 th (See Attach) | Fresh Fruit & Vegetable Salad Bar 2838 | Baked Potato Bar w/Grated Cheese 2334 | Nacho w/ Meat and Cheese Sauce 1516 | Fajita Chicken Salad 1716 | Chef Salad 2835 |
| Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving) | <u>DARK GREEN/RED/ORANGE/SALAD</u> Cesar Salad 1517 Shredded Lettuce and Diced Tomatoes 10 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Glazed Carrots 3044 Green Salad (1c) 3556 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Tomato Pickle & Onion Salad 3586 Sweet Potato Patties (2) 3154 | <u>DARK GREEN/RED/ORANGE/SALAD</u> California Blend 3338 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Seasoned Turnip Greens 3390 Sliced Tomato on Lettuce 3586 |
| Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c | <u>FRUIT</u> Spiced Apples 4004 <u>CHOICE FOR 6TH-12TH</u> Fresh Grapes 1423 | <u>FRUIT</u> Fresh Oranges 4256 <u>CHOICE FOR 6TH-12TH</u> Fruit Cocktail 1403 | <u>FRUIT</u> Sliced Chilled Peaches 4003 <u>CHOICE FOR 6TH-12TH</u> Frozen Fruit Cup 4570 | <u>FRUIT</u> Mandarin Orange 4258 <u>CHOICE FOR 6TH-12TH</u> Fresh Banana 4209 | <u>FRUIT</u> Flavored Gelatin w/2 Pear Halves 7202 <u>CHOICE FOR 6TH-12TH</u> Fresh Apple Wedges 4204 |
| Condiment Bar Items: (all 20%) | Dressing: Fat Free Ranch 4641 Fat Free Thousand Island 4663 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Thousand Island 4642 Mustard 4624 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Hot Sauce 4646 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Mustard 4624 Dressing: Fat Free Ranch 4641 | Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624 |
| Beverage: Potable Water Offered Daily | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| Snacks: | Ham & Cheese on WG Bread 2446 Fruit Juice 4 oz. 1482 | Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482 | LG WG Chocolate Muffin 6754 Choice of Milk | WG Cinnamon Roll (2oz.) 6910 Choice of Milk | Low Fat WG Apple Spice (2 oz.) 6754 Choice of Milk |

Caddo Parish Child Nutrition Programs

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

| | CYCLE DAY 6 Food Scan R06 Produce Scan RE MONDAY, SEPTEMBER 18, 2017 | CYCLE DAY 7 Food Scan R06 Produce Scan RE TUESDAY, SEPTEMBER 19, 2017 | CYCLE DAY 8 Food Scan R06 Produce Scan RF WEDNESDAY, SEPTEMBER 20, 2017 | CYCLE DAY 9 Food Scan R06 Produce Scan RF THURSDAY, SEPTEMBER 21, 2017 | CYCLE DAY 10 Food Scan R06 Produce Scan RF FRIDAY, SEPTEMBER 22, 2017 |
|--|---|--|--|--|---|
| | | | | | Autumn Begins |
| BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits or Oatmeal ½ c 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Apple Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Sausage Pattie (1) 2016 WG Biscuit w/Jelly 6555 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk |
| Meat/Meat Alternate K-8 th = 1 ½ -2 oz 9-12 th = 2 oz - 3 oz. Mixed Entrée K-8 th = ¾ c 9-12 th = 1 c. | <u>ENTREE or MIXED ENTRÉE</u> Pepperoni Pizza Round 2488 | <u>ENTREE or MIXED ENTRÉE</u> Oven Fried Chicken 2101 | <u>ENTREE or MIXED ENTRÉE</u> WG Corndog 2479 | <u>ENTREE or MIXED ENTRÉE</u> Chicken Nuggets 2217 | <u>ENTREE or MIXED ENTRÉE</u> Baked Cornmeal Fish Strips 2187 |
| Vegetable: Other, Starchy, Or Beans and Peas ½ c | <u>STARCHY/BEANS AND PEAS/OTHER</u> Corn On The Cob 3026 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Southern Style Beans 2223 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Tator Tots 3362 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Au Gratin Potatoes 3246 |
| Grain/Bread K-8 = 1-2 oz; 9-12 th = 2 oz | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 |
| Meat/Meat Alt 6-12 th = 2-3 oz Mixed Entrée: 6-8 th ¾ c.; 9-12 th = 1c. Grain/Bread = 1-2 oz Vegetable; Other, Starchy, Beans or Peas, ½ c | <u>CHOICE FOR 6TH-12TH</u> Spicy Chicken Patty on WG Bun 2469 Southern Style Baked Beans 2322 | <u>CHOICE FOR 6TH-12TH</u> Hot Ham & Cheese on WG Bun 2458 Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Beef Tips 2028/2189 Brown Rice 5065 WG Grain Cornbread 6117 | <u>CHOICE FOR 6TH-12TH</u> Cheeseburger on WG Bun 2393 Baked French Fries 3364 | <u>CHOICE FOR 6TH-12TH</u> Hot Turkey & Cheese on WG Bun 2448 Baked Sweet Potato Fries 3365 |
| Salad Bar Meal 4-12 th (See Attach) | Chef Salad 2835 | Baked Potato Bar w/Grated Cheese 2334 | Nacho w/Meat & Cheese Sauce 1516 | Fajita Chicken Salad 1716 | Fresh Fruit & Vegetable Salad Bar 2838 |
| Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving) | <u>DARK GREEN/RED/ORANGE/SALAD</u> Glazed Carrots 3044 Toss Salad Green 3555 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Oriental Vegetables 3336 Shredded Lettuce and Tomatoes 10 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Tossed Garden Salad 3556 Seasoned Turnip Greens 3390 | <u>DARK GREEN/RED/ORANGE/SALAD</u> California Blend 3338 Tomato, Pickle & Onion Salad 3502 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3318 Shade of Green Salad 3552 |
| Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c | <u>FRUIT</u> Fruit Cocktail 1403 <u>CHOICE FOR 6TH-12TH</u> Fresh Apple 4204 | <u>FRUIT</u> Tangerine 1425 <u>CHOICE FOR 6TH-12TH</u> Chilled Pear Halves 4001 | <u>FRUIT</u> Fresh Grapes 4208 <u>CHOICE FOR 6TH-12TH</u> Chilled Pineapple Tidbits 4207 | <u>FRUIT</u> Frozen Fruit Cup 4570 <u>CHOICE FOR 6TH-12TH</u> Fresh Banana 4209 | <u>FRUIT</u> Chilled Sliced Peaches 4003 <u>CHOICE FOR 6TH-12TH</u> Orange Wedges 4256 |
| Condiment Bar Items: (all 20%) | Fat Free Ranch 4641 Hot Sauce 4646 Mustard 4624 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 | Fat Free Ranch 4641 Mustard 4624 Catsup 4662 Hot Sauce 4646 | Fat Free Ranch 4641 Hot Sauce 4646 Mustard 4624 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 | Hot Sauce 4646 Fat Free Ranch 4641 | Catsup 4662 Tartar Sauce 4638 Hot Sauce 4646 Mustard 4624 Fat Free Salad Dressing/Mayo 4645 Fat Free Ranch 4641 |
| Beverage: Potable Water Offered Daily | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| Snack | Low Fat WG Apple Spice (2 oz.) 6754 Choice of Milk | Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482 | LG WG Chocolate Muffin 6754 Choice of Milk | WG Cinnamon Roll (2 oz.) 6910 Choice of Milk | Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482 |

Caddo Parish, Child Nutrition Programs

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

| Rev. 7/31/2017 Updated: | CYCLE DAY 1 Food Scan R07 Produce Scan RF MONDAY, SEPTEMBER 25, 2017 | CYCLE DAY 2 Food Scan R07 Produce Scan RF TUESDAY, SEPTEMBER 26, 2017 | CYCLE DAY 3 Food Scan R07 Produce Scan RG WEDNESDAY, SEPTEMBER 27, 2017 | CYCLE DAY 4 Food Scan R07 Produce Scan RG THURSDAY, SEPTEMBER 28, 2017 | CYCLE DAY 5 Food Scan R07 Produce Scan RG FRIDAY, SEPTEMBER 29, 2017 |
|--|---|--|--|--|---|
| BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits or Oatmeal ½ c 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Apple Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Sausage Pattie (1) 2016 WG Biscuit w/Jelly 6555 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk |
| LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¾ c.; 9-12 th = 1 c. | <u>ENTREE or MIXED ENTREE</u> Sliced Ham 2014 | <u>ENTREE or MIXED ENTREE</u> Chicken Tetrizzini 2527 | <u>ENTREE or MIXED ENTREE</u> Hamburgers (6-8) 2394 Cheeseburger (9-12) 2393 | <u>ENTREE or MIXED ENTREE</u> Chili Mac 2700 | <u>ENTREE or MIXED ENTREE</u> Steak Fingers 2045 |
| Vegetable: Other, Starchy Or Beans and Peas ½ c | <u>STARCHY/BEANS AND PEAS/OTHER</u> Cheesy Potatoes 3130 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Green Beans 3034 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked French Fries 3364 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Corn 3034 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Potato 3243 |
| Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz | <u>GRAIN/BREAD</u> Whole Grain Grain Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> | <u>GRAIN/BREAD</u> Oatmeal Raisin Cookie #30 7638 Whole Grain Cornbread 6117 | <u>GRAIN/BREAD</u> Whole Grain Cornbread 6117 |
| Meat/Meat Alternate 6-12 th = 2-3 oz Mixed Entrée: 6-8 th ¾ c.; 9-12 th = 1c. Grain/Bread = 1-2 oz Vegetable; Other, Starchy, Beans or Peas, ½ c | <u>CHOICE FOR 6TH-12TH</u> Nacho w/Meat and Cheese 1516 Seasoned Pinto Beans 2326 | <u>CHOICE FOR 6TH-12TH</u> Submarine Sandwich on WG Bun 2040 Baked Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Oven Fried Chicken 2101 Whole Grain Cornbread 6117 Seasoned Cabbage 3210 | <u>CHOICE FOR 6TH-12TH</u> Turkey Wrap (Cold Sandwich) 5605 Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Grilled Chicken Patty on WG Bun 2469 Criss Cross Sweet Potato Fries 3365 |
| Salad Bar Meal 4-12 th (See Attach) | Fresh Fruit & Vegetable Salad Bar 2838 | Baked Potato Bar w/Grated Cheese 2334 | Nacho w/ Meat and Cheese Sauce 1516 | Fajita Chicken Salad 1716 | Chef Salad 2835 |
| Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving) | <u>DARK GREEN/RED/ORANGE/SALAD</u> Cesar Salad 1517 Shredded Lettuce and Diced Tomatoes 10 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Glazed Carrots 3044 Green Salad (1c) 3556 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Tomato Pickle & Onion Salad 3586 Sweet Potato Patties (2) 3154 | <u>DARK GREEN/RED/ORANGE/SALAD</u> California Blend 3336 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Seasoned Turnip Greens 3390 Sliced Tomato on Lettuce 3586 |
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| Beverage: Potable Water Offered Daily | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| Snacks: | Ham & Cheese on WG Bread 2446 Fruit Juice 4 oz. 1482 | Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482 | LG WG Chocolate Muffin 6754 Choice of Milk | WG Cinnamon Roll (2oz.) 6910 Choice of Milk | Low Fat WG Apple Spice (2 oz.) 6754 Choice of Milk |

Caddo Parish Child Nutrition Programs

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

| | CYCLE DAY 6 Food Scan R08 Produce Scan RG MONDAY, OCTOBER 2, 2017 | CYCLE DAY 7 Food Scan R08 Produce Scan RG TUESDAY, OCTOBER 3, 2017 | CYCLE DAY 8 Food Scan R08 Produce Scan RH WEDNESDAY, OCTOBER 4, 2017 | CYCLE DAY 9 Food Scan R08 Produce Scan RH THURSDAY, OCTOBER 5, 2017 | CYCLE DAY 10 Food Scan R08 Produce Scan RH FRIDAY, OCTOBER 6, 2017 |
|---|---|--|--|--|---|
| BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits or Oatmeal ½ c 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Apple Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Sausage Pattie (1) 2016 WG Biscuit w/Jelly 6555 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk |
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| Vegetable: Other, Starchy, Or Beans and Peas ½ c | <u>STARCHY/BEANS AND PEAS/OTHER</u> Corn On The Cob 3026 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Southern Style Beans 2223 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Tator Tots 3362 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Au Gratin Potatoes 3246 |
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| Condiment Bar Items: (all 20%) | Fat Free Ranch 4641 Hot Sauce 4646 Mustard 4624 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 | Fat Free Ranch 4641 Mustard 4624 Catsup 4662 Hot Sauce 4646 | Fat Free Ranch 4641 Hot Sauce 4646 Mustard 4624 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 | Hot Sauce 4646 Fat Free Ranch 4641 | Catsup 4662 Tartar Sauce 4638 Hot Sauce 4646 Mustard 4624 Fat Free Salad Dressing/Mayo 4645 Fat Free Ranch 4641 |
| Beverage:Potable Water OfferedDaily | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| Snack | Low Fat WG Apple Spice (2 oz.) 6754 Choice of Milk | Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482 | LG WG Chocolate Muffin 6754 Choice of Milk | WG Cinnamon Roll (2 oz.) 6910 Choice of Milk | Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482 |

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

| Rev. 7/31/2017 Updated: | CYCLE DAY 1 Food Scan R09 Produce Scan RH MONDAY, OCTOBER 9, 2017 Columbus Day | CYCLE DAY 2 Food Scan R09 Produce Scan RH TUESDAY, OCTOBER 10, 2017 | CYCLE DAY 3 Food Scan R09 Produce Scan RI WEDNESDAY, OCTOBER 11, 2017 | CYCLE DAY 4 Food Scan R09 Produce Scan RI THURSDAY, OCTOBER 12, 2017 | CYCLE DAY 5 Food Scan R09 Produce Scan RI FRIDAY, OCTOBER 13, 2017 |
|--|---|--|--|--|---|
| BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits or Oatmeal ½ c 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Apple Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Sausage Pattie (1) 2016 WG Biscuit w/Jelly 6555 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk |
| LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¾ c.; 9-12 th = 1 c. | <u>ENTREE or MIXED ENTREE</u> Sliced Ham 2014 | <u>ENTREE or MIXED ENTREE</u> Chicken Tetrazzini 2527 | <u>ENTREE or MIXED ENTREE</u> Hamburgers (6-8) 2394 Cheeseburger (9-12) 2393 | <u>ENTREE or MIXED ENTREE</u> Chili Mac 2700 | <u>ENTREE or MIXED ENTREE</u> Steak Fingers 2045 |
| Vegetable: Other, Starchy Or Beans and Peas ½ c | <u>STARCHY/BEANS AND PEAS/OTHER</u> Cheesy Potatoes 3130 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Green Beans 3034 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked French Fries 3364 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Corn 3034 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Potato 3243 |
| Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz | <u>GRAIN/BREAD</u> Whole Grain Grain Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> | <u>GRAIN/BREAD</u> Oatmeal Raisin Cookie #30 7638 Whole Grain Cornbread 6117 | <u>GRAIN/BREAD</u> Whole Grain Cornbread 6117 |
| Meat/Meat Alternate 6-12 th = 2-3 oz Mixed Entrée: 6-8 th ¾ c.; 9-12 th = 1c. Grain/Bread = 1-2 oz Vegetable; Other, Starchy, Beans or Peas, ½ c | <u>CHOICE FOR 6TH-12TH</u> Nacho w/Meat and Cheese 1516 Seasoned Pinto Beans 2326 | <u>CHOICE FOR 6TH-12TH</u> Submarine Sandwich on WG Bun 2040 Baked Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Oven Fried Chicken 2101 Whole Grain Cornbread 6117 Seasoned Cabbage 3210 | <u>CHOICE FOR 6TH-12TH</u> Turkey Wrap (Cold Sandwich) 5605 Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Grilled Chicken Patty on WG Bun 2469 Criss Cross Sweet Potato Fries 3365 |
| Salad Bar Meal 4-12 th (See Attach) | Fresh Fruit & Vegetable Salad Bar 2838 | Baked Potato Bar w/Grated Cheese 2334 | Nacho w/ Meat and Cheese Sauce 1516 | Fajita Chicken Salad 1716 | Chef Salad 2835 |
| Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving) | <u>DARK GREEN/RED/ORANGE/SALAD</u> Cesar Salad 1517 Shredded Lettuce and Diced Tomatoes 10 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Glazed Carrots 3044 Green Salad (1c) 3556 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Tomato Pickle & Onion Salad 3586 Sweet Potato Patties (2) 3154 | <u>DARK GREEN/RED/ORANGE/SALAD</u> California Blend 3336 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Seasoned Turnip Greens 3390 Sliced Tomato on Lettuce 3586 |
| Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c | <u>FRUIT</u> Spiced Apples Slices 4004 <u>CHOICE FOR 6TH-12TH</u> Fresh Grapes 1423 | <u>FRUIT</u> Fresh Oranges 4256 <u>CHOICE FOR 6TH-12TH</u> Fruit Cocktail 1403 | <u>FRUIT</u> Sliced Chilled Peaches 4003 <u>CHOICE FOR 6TH-12TH</u> Frozen Fruit Cup 4570 | <u>FRUIT</u> Mandarin Orange 4258 <u>CHOICE FOR 6TH-12TH</u> Fresh Banana 4209 | <u>FRUIT</u> Flavored Gelatin w/2 Pear Halves 7202 <u>CHOICE FOR 6TH-12TH</u> Fresh Apple Wedges 4204 |
| Condiment Bar Items: (all 20%) | Dressing: Fat Free Ranch 4641 Fat Free Thousand Island 4663 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Thousand Island 4642 Mustard 4624 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Hot Sauce 4646 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Mustard 4624 Dressing: Fat Free Ranch 4641 | Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624 |
| Beverage: Potable Water Offered Daily | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| Snacks: | Ham & Cheese on WG Bread 2446 Fruit Juice 4 oz. 1482 | Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482 | LG WG Chocolate Muffin 6754 Choice of Milk | WG Cinnamon Roll (2oz.) 6910 Choice of Milk | Low Fat WG Apple Spice (2 oz.) 6754 Choice of Milk |

Caddo Parish Child Nutrition Programs

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

| | CYCLE DAY 6 Food Scan R09 Produce Scan RI MONDAY, OCTOBER 16, 2017 FALL BREAK CADDO CLOSED | CYCLE DAY 7 Food Scan R09 Produce Scan RI TUESDAY, OCTOBER 17, 2017 FALL BREAK CADDO CLOSED | CYCLE DAY 8 Food Scan R09 Produce Scan RI WEDNESDAY, OCTOBER 18, 2017 FALL BREAK CADDO CLOSED | CYCLE DAY 9 Food Scan R09 Produce Scan RI THURSDAY, OCTOBER 19, 2017 | CYCLE DAY 10 Food Scan R09 Produce Scan RI FRIDAY, OCTOBER 20, 2017 |
|--|---|--|--|--|---|
| BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz | | | | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Sausage Pattie (1) 2016 WG Biscuit w/Jelly 6555 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk |
| Meat/Meat Alternate K-8 th = 1 ½ -2 oz 9-12 th = 2 oz – 3 oz. Mixed Entrée K-8 th = ¾ c 9-12 th = 1 c. | | | | <u>ENTREE or MIXED ENTRÉE</u> Chicken Nuggets 2217 | <u>ENTREE or MIXED ENTRÉE</u> Baked Cornmeal Fish Strips 2187 |
| Vegetable: Other, Starchy, Or Beans and Peas ½ c | | | | <u>STARCHY/BEANS AND PEAS/OTHER</u> Tator Tots 3362 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Au Gratin Potatoes 3246 |
| Grain/Bread K-8 = 1-2 oz; 9-12 th = 2 oz | | | | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 |
| Meat/Meat Alt 6-12 th = 2-3 oz Mixed Entrée: 6-8 th ¾ c.; 9-12 th = 1c. Grain/Bread = 1-2 oz Vegetable; Other, Starchy, Beans or Peas, ½ c | | | | <u>CHOICE FOR 6TH-12TH</u> Cheeseburger on WG Bun 2393 Baked French Fries 3364 | <u>CHOICE FOR 6TH-12TH</u> Hot Turkey & Cheese on WG Bun 2448 Baked Sweet Potato Fries 3365 |
| Salad Bar Meal 4-12 th (See Attach) | | | | Fajita Chicken Salad 1716 | Fresh Fruit & Vegetable Salad Bar 2838 |
| Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving) | | | | <u>DARK GREEN/RED/ORANGE/SALAD</u> California Blend 3338 Tomato, Pickle & Onion Salad 3502 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3318 Shade of Green Salad 3552 |
| Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c | | | | <u>FRUIT</u> Frozen Fruit Cup 4570 <u>CHOICE FOR 6TH-12TH</u> Fresh Banana 4209 | <u>FRUIT</u> Chilled Sliced Peaches 4003 <u>CHOICE FOR 6TH-12TH</u> Orange Wedges 4256 |
| Condiment Bar Items: (all 20%) | | | | Hot Sauce 4646 Fat Free Ranch 4641 | Catsup 4662 Tartar Sauce 4638 Hot Sauce 4646 Mustard 4624 Fat Free Salad Dressing/Mayo 4645 Fat Free Ranch 4641 |
| Beverage: Potable Water Offered Daily Snack | | | | Choice of Milk WG Cinnamon Roll (2 oz.) 6910 Choice of Milk | Choice of Milk Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482 |

Caddo Parish, Child Nutrition Programs

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

| Rev. 7/31/2017 Updated: | CYCLE DAY 1 Food Scan R10 Produce Scan RI MONDAY, OCTOBER 23, 2017 | CYCLE DAY 2 Food Scan R10 Produce Scan RI TUESDAY, OCTOBER 24, 2017 | CYCLE DAY 3 Food Scan R10 Produce Scan RJ WEDNESDAY, OCTOBER 25, 2017 | CYCLE DAY 4 Food Scan R10 Produce Scan RJ THURSDAY, OCTOBER 26, 2017 | CYCLE DAY 5 Food Scan R10 Produce Scan RJ FRIDAY, OCTOBER 27, 2017 |
|--|---|--|--|--|---|
| BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits or Oatmeal ½ c 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Apple Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Sausage Pattie (1) 2016 WG Biscuit w/Jelly 6555 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk |
| LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¾ c.; 9-12 th = 1 c. | <u>ENTREE or MIXED ENTREE</u> Sliced Ham 2014 | <u>ENTREE or MIXED ENTREE</u> Chicken Tetrizzini 2527 | <u>ENTREE or MIXED ENTREE</u> Hamburgers (6-8) 2394 Cheeseburger (9-12) 2393 | <u>ENTREE or MIXED ENTREE</u> Chili Mac 2700 | <u>ENTREE or MIXED ENTREE</u> Steak Fingers 2045 |
| Vegetable: Other, Starchy Or Beans and Peas ½ c | <u>STARCHY/BEANS AND PEAS/OTHER</u> Cheesy Potatoes 3130 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Green Beans 3034 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked French Fries 3364 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Corn 3034 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Potato 3243 |
| Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz | <u>GRAIN/BREAD</u> Whole Grain Grain Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> | <u>GRAIN/BREAD</u> Oatmeal Raisin Cookie #30 7638 Whole Grain Cornbread 6117 | <u>GRAIN/BREAD</u> Whole Grain Cornbread 6117 |
| Meat/Meat Alternate 6-12 th = 2-3 oz Mixed Entrée: 6-8 th ¾ c.; 9-12 th = 1c. Grain/Bread = 1-2 oz Vegetable; Other, Starchy, Beans or Peas, ½ c | <u>CHOICE FOR 6TH-12TH</u> Nacho w/Meat and Cheese 1516 Seasoned Pinto Beans 2326 | <u>CHOICE FOR 6TH-12TH</u> Submarine Sandwich on WG Bun 2040 Baked Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Oven Fried Chicken 2101 Whole Grain Cornbread 6117 Seasoned Cabbage 3210 | <u>CHOICE FOR 6TH-12TH</u> Turkey Wrap (Cold Sandwich) 5605 Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Grilled Chicken Patty on WG Bun 2469 Criss Cross Sweet Potato Fries 3365 |
| Salad Bar Meal 4-12 th (See Attach) | Fresh Fruit & Vegetable Salad Bar 2838 | Baked Potato Bar w/Grated Cheese 2334 | Nacho w/ Meat and Cheese Sauce 1516 | Fajita Chicken Salad 1716 | Chef Salad 2835 |
| Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving) | <u>DARK GREEN/RED/ORANGE/SALAD</u> Cesar Salad 1517 Shredded Lettuce and Diced Tomatoes 10 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Glazed Carrots 3044 Green Salad (1c) 3556 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Tomato Pickle & Onion Salad 3586 Sweet Potato Patties (2) 3154 | <u>DARK GREEN/RED/ORANGE/SALAD</u> California Blend 3336 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Seasoned Turnip Greens 3390 Sliced Tomato on Lettuce 3586 |
| Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c | <u>FRUIT</u> Spiced Apples Slices 4004 <u>CHOICE FOR 6TH-12TH</u> Fresh Grapes 1423 | <u>FRUIT</u> Fresh Oranges 4256 <u>CHOICE FOR 6TH-12TH</u> Fruit Cocktail 1403 | <u>FRUIT</u> Sliced Chilled Peaches 4003 <u>CHOICE FOR 6TH-12TH</u> Frozen Fruit Cup 4570 | <u>FRUIT</u> Mandarin Orange 4258 <u>CHOICE FOR 6TH-12TH</u> Fresh Banana 4209 | <u>FRUIT</u> Flavored Gelatin w/2 Pear Halves 7202 <u>CHOICE FOR 6TH-12TH</u> Fresh Apple Wedges 4204 |
| Condiment Bar Items: (all 20%) | Dressing: Fat Free Ranch 4641 Fat Free Thousand Island 4663 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Thousand Island 4642 Mustard 4624 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Hot Sauce 4646 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Mustard 4624 Dressing: Fat Free Ranch 4641 | Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624 |
| Beverage: Potable Water Offered Daily | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| Snacks: | Ham & Cheese on WG Bread 2446 Fruit Juice 4 oz. 1482 | Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482 | LG WG Chocolate Muffin 6754 Choice of Milk | WG Cinnamon Roll (2oz.) 6910 Choice of Milk | Low Fat WG Apple Spice (2 oz.) 6754 Choice of Milk |

Caddo Parish Child Nutrition Programs

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

| | CYCLE DAY 6 Food Scan R11 Produce Scan RJ MONDAY, OCTOBER 30, 2017 | CYCLE DAY 7 Food Scan R11 Produce Scan RJ TUESDAY, OCTOBER 31, 2017 HAPPY HALLOWEEN | CYCLE DAY 8 Food Scan R11 Produce Scan RK WEDNESDAY, NOVEMBER 1, 2017 | CYCLE DAY 9 Food Scan R11 Produce Scan RK THURSDAY, NOVEMBER 2, 2017 | CYCLE DAY 10 Food Scan R11 Produce Scan RK FRIDAY, NOVEMBER 3, 2017 |
|--|---|--|--|--|---|
| BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits or Oatmeal ½ c 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Apple Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Sausage Pattie (1) 2016 WG Biscuit w/Jelly 6555 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk |
| Meat/Meat Alternate K-8 th = 1 ½ - 2 oz 9-12 th = 2 oz - 3 oz. Mixed Entrée K-8 th = ¾ c 9-12 th = 1 c. | <u>ENTREE or MIXED ENTRÉE</u> Pepperoni Pizza Round 2488 | <u>ENTREE or MIXED ENTRÉE</u> Oven Fried Chicken 2101 | <u>ENTREE or MIXED ENTRÉE</u> WG Corndog 2479 | <u>ENTREE or MIXED ENTRÉE</u> Chicken Nuggets 2217 | <u>ENTREE or MIXED ENTRÉE</u> Baked Cornmeal Fish Strips 2187 |
| Vegetable: Other, Starchy, Or Beans and Peas ½ c | <u>STARCHY/BEANS AND PEAS/OTHER</u> Corn On The Cob 3026 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Southern Style Beans 2223 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Tator Tots 3362 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Au Gratin Potatoes 3246 |
| Grain/Bread K-8 = 1-2 oz; 9-12 th = 2 oz | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 |
| Meat/Meat Alt 6-12 th = 2-3 oz Mixed Entrée: 6-8 th ¾ c.; 9-12 th = 1c. Grain/Bread = 1-2 oz Vegetable; Other, Starchy, Beans or Peas, ½ c | <u>CHOICE FOR 6TH-12TH</u> Spicy Chicken Patty on WG Bun 2469 Southern Style Baked Beans 2322 | <u>CHOICE FOR 6TH-12TH</u> Hot Ham & Cheese on WG Bun 2458 Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Beef Tips 2028/2189 Brown Rice 5065 WG Grain Cornbread 6117 | <u>CHOICE FOR 6TH-12TH</u> Cheeseburger on WG Bun 2393 Baked French Fries 3364 | <u>CHOICE FOR 6TH-12TH</u> Hot Turkey & Cheese on WG Bun 2448 Baked Sweet Potato Fries 3365 |
| Salad Bar Meal 4-12 th (See Attach) | Chef Salad 2835 | Baked Potato Bar w/Grated Cheese 2334 | Nacho w/Meat & Cheese Sauce 1516 | Fajita Chicken Salad 1716 | Fresh Fruit & Vegetable Salad Bar 2838 |
| Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving) | <u>DARK GREEN/RED/ORANGE/SALAD</u> Glazed Carrots 3044 Toss Salad Green 3555 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Oriental Vegetables 3336 Shredded Lettuce and Tomatoes 10 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Tossed Garden Salad 3556 Seasoned Turnip Greens 3390 | <u>DARK GREEN/RED/ORANGE/SALAD</u> California Blend 3338 Tomato, Pickle & Onion Salad 3502 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3318 Shade of Green Salad 3552 |
| Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c | <u>FRUIT</u> Fruit Cocktail 1403 <u>CHOICE FOR 6TH-12TH</u> Fresh Apple 4204 | <u>FRUIT</u> Tangerine 1425 <u>CHOICE FOR 6TH-12TH</u> Chilled Pear Halves 4001 | <u>FRUIT</u> Fresh Grapes 4208 <u>CHOICE FOR 6TH-12TH</u> Chilled Pineapple Tidbits 4207 | <u>FRUIT</u> Frozen Fruit Cup 4570 <u>CHOICE FOR 6TH-12TH</u> Fresh Banana 4209 | <u>FRUIT</u> Chilled Sliced Peaches 4003 <u>CHOICE FOR 6TH-12TH</u> Orange Wedges 4256 |
| Condiment Bar Items: (all 20%) | Fat Free Ranch 4641 Hot Sauce 4646 Mustard 4624 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 | Fat Free Ranch 4641 Mustard 4624 Catsup 4662 Hot Sauce 4646 | Fat Free Ranch 4641 Hot Sauce 4646 Mustard 4624 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 | Hot Sauce 4646 Fat Free Ranch 4641 | Catsup 4662 Tartar Sauce 4638 Hot Sauce 4646 Mustard 4624 Fat Free Salad Dressing/Mayo 4645 Fat Free Ranch 4641 |
| Beverage: Bottled Water Offered Daily | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| Snack | Low Fat WG Apple Spice (2 oz.) 6754 Choice of Milk | Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482 | LG WG Chocolate Muffin 6754 Choice of Milk | WG Cinnamon Roll (2 oz.) 6910 Choice of Milk | Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482 |

Caddo Parish, Child Nutrition Programs

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

| Rev. 7/31/2017 Updated: | CYCLE DAY 1 Food Scan R12 Produce Scan RK MONDAY, NOVEMBER 6, 2017 | CYCLE DAY 2 Food Scan R12 Produce Scan RK TUESDAY, NOVEMBER 7, 2017 | CYCLE DAY 3 Food Scan R12 Produce Scan RL WEDNESDAY, NOVEMBER 8, 2017 | CYCLE DAY 4 Food Scan R12 Produce Scan RL THURSDAY, NOVEMBER 9, 2017 | CYCLE DAY 5 Food Scan R12 Produce Scan RL FRIDAY, NOVEMBER 10, 2017 |
|--|---|--|--|--|---|
| BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits or Oatmeal ½ c 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Apple Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Sausage Pattie (1) 2016 WG Biscuit w/Jelly 6555 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk |
| LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¾ c.; 9-12 th = 1 c. | <u>ENTREE or MIXED ENTREE</u> Sliced Ham 2014 | <u>ENTREE or MIXED ENTREE</u> Chicken Tetrizzini 2527 | <u>ENTREE or MIXED ENTREE</u> Hamburgers (6-8) 2394 Cheeseburger (9-12) 2393 | <u>ENTREE or MIXED ENTREE</u> Chili Mac 2700 | <u>ENTREE or MIXED ENTREE</u> Steak Fingers 2045 |
| Vegetable: Other, Starchy Or Beans and Peas ½ c | <u>STARCHY/BEANS AND PEAS/OTHER</u> Cheesy Potatoes 3130 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Green Beans 3034 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked French Fries 3364 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Corn 3034 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Potato 3243 |
| Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz | <u>GRAIN/BREAD</u> Whole Grain Grain Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> | <u>GRAIN/BREAD</u> Oatmeal Raisin Cookie #30 7638 Whole Grain Cornbread 6117 | <u>GRAIN/BREAD</u> Whole Grain Cornbread 6117 |
| Meat/Meat Alternate 6-12 th = 2-3 oz Mixed Entrée: 6-8 th ¾ c.; 9-12 th = 1c. Grain/Bread = 1-2 oz Vegetable; Other, Starchy, Beans or Peas, ½ c | <u>CHOICE FOR 6TH-12TH</u> Nacho w/Meat and Cheese 1516 Seasoned Pinto Beans 2326 | <u>CHOICE FOR 6TH-12TH</u> Submarine Sandwich on WG Bun 2040 Baked Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Oven Fried Chicken 2101 Whole Grain Cornbread 6117 Seasoned Cabbage 3210 | <u>CHOICE FOR 6TH-12TH</u> Turkey Wrap (Cold Sandwich) 5605 Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Grilled Chicken Patty on WG Bun 2469 Criss Cross Sweet Potato Fries 3365 |
| Salad Bar Meal 4-12 th (See Attach) | Fresh Fruit & Vegetable Salad Bar 2838 | Baked Potato Bar w/Grated Cheese 2334 | Nacho w/ Meat and Cheese Sauce 1516 | Fajita Chicken Salad 1716 | Chef Salad 2835 |
| Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving) | <u>DARK GREEN/RED/ORANGE/SALAD</u> Cesar Salad 1517 Shredded Lettuce and Diced Tomatoes 10 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Glazed Carrots 3044 Green Salad (1c) 3556 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Tomato Pickle & Onion Salad 3586 Sweet Potato Patties (2) 3154 | <u>DARK GREEN/RED/ORANGE/SALAD</u> California Blend 3336 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Seasoned Turnip Greens 3390 Sliced Tomato on Lettuce 3586 |
| Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c | <u>FRUIT</u> Spiced Apples Slices 4004 <u>CHOICE FOR 6TH-12TH</u> Fresh Grapes 1423 | <u>FRUIT</u> Fresh Oranges 4256 <u>CHOICE FOR 6TH-12TH</u> Fruit Cocktail 1403 | <u>FRUIT</u> Sliced Chilled Peaches 4003 <u>CHOICE FOR 6TH-12TH</u> Frozen Fruit Cup 4570 | <u>FRUIT</u> Mandarin Orange 4258 <u>CHOICE FOR 6TH-12TH</u> Fresh Banana 4209 | <u>FRUIT</u> Flavored Gelatin w/2 Pear Halves 7202 <u>CHOICE FOR 6TH-12TH</u> Fresh Apple Wedges 4204 |
| Condiment Bar Items: (all 20%) | Dressing: Fat Free Ranch 4641 Fat Free Thousand Island 4663 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Thousand Island 4642 Mustard 4624 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Hot Sauce 4646 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Mustard 4624 Dressing: Fat Free Ranch 4641 | Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624 |
| Beverage: Potable Water Offered Daily | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| Snacks: | Ham & Cheese on WG Bread 2446 Fruit Juice 4 oz. 1482 | Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482 | LG WG Chocolate Muffin 6754 Choice of Milk | WG Cinnamon Roll (2oz.) 6910 Choice of Milk | Low Fat WG Apple Spice (2 oz.) 6754 Choice of Milk |

Caddo Parish Child Nutrition Programs

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

| | CYCLE DAY 6 Food Scan R13 Produce Scan RL MONDAY, NOVEMBER 13, 2017 | CYCLE DAY 7 Food Scan R13 Produce Scan RL TUESDAY, NOVEMBER 14, 2017 | CYCLE DAY 8 Food Scan R13 Produce Scan RM WEDNESDAY, NOVEMBER 15, 2017 Caddo Pay Period | CYCLE DAY 9 Food Scan R13 Produce Scan RM THURSDAY, NOVEMBER 16, 2017 Thanksgiving Dinner | CYCLE DAY 10 Food Scan R13 Produce Scan RM FRIDAY, NOVEMBER 17, 2017 |
|--|---|--|--|--|---|
| BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits or Oatmeal ½ c 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Apple Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Sausage Pattie (1) 2016 WG Biscuit w/Jelly 6555 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk |
| Meat/Meat Alternate K-8 th = 1 ½ -2 oz 9-12 th = 2 oz - 3 oz. Mixed Entrée K-8 th = ¾ c 9-12 th = 1 c. | <u>ENTREE or MIXED ENTRÉE</u> Pepperoni Pizza Round 2488 | <u>ENTREE or MIXED ENTRÉE</u> Oven Fried Chicken 2101 | <u>ENTREE or MIXED ENTRÉE</u> WG Corndog 2479 | <u>ENTREE or MIXED ENTRÉE</u> Sliced Roast Turkey w/Gravy 2130 | <u>ENTREE or MIXED ENTRÉE</u> Baked Cornmeal Fish Strips 2187 |
| Vegetable: Other, Starchy, Or Beans and Peas ½ c | <u>STARCHY/BEANS AND PEAS/OTHER</u> Corn On The Cob 3026 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Southern Style Beans 2223 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Green Beans 3034 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Au Gratin Potatoes 3246 |
| Grain/Bread K-8 = 1-2 oz; 9-12 th = 2 oz | <u>GRAIN/BREAD</u> | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> | <u>GRAIN/BREAD</u> Cornbread Dressing w/Cranberry 5210 Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 |
| Meat/Meat Alt 6-12 th = 2-3 oz Mixed Entrée: 6-8 th ¾ c.; 9-12 th = 1c. Grain/Bread = 1-2 oz Vegetable; Other, Starchy, Beans or Peas, ½ c | <u>CHOICE FOR 6TH-12TH</u> Spicy Chicken Patty on WG Bun 2469 Southern Style Baked Beans 2322 | <u>CHOICE FOR 6TH-12TH</u> Hot Ham & Cheese on WG Bun 2458 Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Beef Tips 2028/2189 Brown Rice 5065 WG Grain Cornbread 6117 | <u>CHOICE FOR 6TH-12TH</u> Hot Ham & Cheese on WG Bun 2458 Baked Sweet Potato Fries 3370 | <u>CHOICE FOR 6TH-12TH</u> Hot Turkey & Cheese on WG Bun 2448 Baked Sweet Potato Fries 3365 |
| Salad Bar Meal 4-12 th (See Attach) | Chef Salad 2835 | Baked Potato Bar w/Grated Cheese 2334 | Nacho w/Meat & Cheese Sauce 1516 | Fresh Fruit & Vegetables 2838 | Fresh Fruit & Vegetable Salad Bar 2838 |
| Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving) | <u>DARK GREEN/RED/ORANGE/SALAD</u> Glazed Carrots 3044 Toss Salad Green 3555 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Oriental Vegetables 3336 Shredded Lettuce and Tomatoes 10 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Tossed Garden Salad 3556 Seasoned Turnip Greens 3390 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Shades of Green Salad 3552 Toss Green Salad 3554 Sweet Potato Delight 3155 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3318 Shade of Green Salad 3552 |
| Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c | <u>FRUIT</u> Fruit Cocktail 1403 <u>CHOICE FOR 6TH-12TH</u> Fresh Apple 4204 | <u>FRUIT</u> Tangerine 1425 <u>CHOICE FOR 6TH-12TH</u> Chilled Pear Halves 4001 | <u>FRUIT</u> Fresh Grapes 4208 <u>CHOICE FOR 6TH-12TH</u> Chilled Pineapple Tidbits 4207 | <u>FRUIT</u> Chilled Mandarin Oranges 4258 <u>CHOICE FOR 6TH-12TH</u> Frozen Fruit Cup 4570 | <u>FRUIT</u> Chilled Sliced Peaches 4003 <u>CHOICE FOR 6TH-12TH</u> Orange Wedges 4256 |
| Condiment Bar Items: (all 20%) | Fat Free Ranch 4641 Hot Sauce 4646 Mustard 4624 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 | Fat Free Ranch 4641 Mustard 4624 Catsup 4662 Hot Sauce 4646 | Fat Free Ranch 4641 Hot Sauce 4646 Mustard 4624 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 | Hot Sauce 4646 Fat Free Ranch 4641 | Catsup 4662 Tartar Sauce 4638 Hot Sauce 4646 Mustard 4624 Fat Free Salad Dressing/Mayo 4645 Fat Free Ranch 4641 |
| Beverage: Potable Water Offered Daily | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| Snack | Low Fat WG Apple Spice (2 oz.) 6754 Choice of Milk | Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482 | LG WG Chocolate Muffin 6754 Choice of Milk | WG Cinnamon Roll (2 oz.) 6910 Choice of Milk | Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482 |

Child Nutrition Programs

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

| Rev. 7/31/2017 Updated: | CYCLE DAY 1 Food Scan Produce Scan MONDAY, NOVEMBER 20, 2017 | CYCLE DAY 2 Food Scan Produce Scan TUESDAY, NOVEMBER 21, 2017 | CYCLE DAY 3 Food Scan Produce Scan WEDNESDAY, NOVEMBER 22, 2017 | CYCLE DAY 4 Food Scan Produce Scan THURSDAY, NOVEMBER 23, 2017 | CYCLE DAY 5 Food Scan Produce Scan FRIDAY, NOVEMBER 24, 2017 |
|---|--|---|---|--|--|
| BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz | | | | | |
| LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¾ c.; 9-12 th = 1 c. Vegetable: Other, Starchy Or Beans and Peas ½ c | | | | | |
| Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz | | | | | |
| Meat/Meat Alternate 6-12 th = 2-3 oz Mixed Entrée: 6-8 th ¾ c.; 9-12 th = 1c. Grain/Bread = 1-2 oz Vegetable; Other, Starchy, Beans or Peas, ½ c | <h1 style="margin: 0;">Thanksgiving Holiday (School Closed)</h1> | | | | |
| Salad Bar Meal 4-12 th (See Attach) | | | | | |
| Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving) | | | | | |
| Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c | | | | | |
| Condiment Bar Items: (all 20%) | | | | | |
| Beverage: Potable Water Offered Daily | | | | | |
| Snacks: | | | | | |

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

| | CYCLE DAY 6 Food Scan R14 Produce Scan RM MONDAY, NOVEMBER 27, 2017 | CYCLE DAY 7 Food Scan R14 Produce Scan RM TUESDAY, NOVEMBER 28, 2017 | CYCLE DAY 8 Food Scan R14 Produce Scan RN WEDNESDAY, NOVEMBER 29, 2017 | CYCLE DAY 9 Food Scan R14 Produce Scan RN THURSDAY, NOVEMBER 30, 2017 | CYCLE DAY 10 Food Scan R14 Produce Scan RN FRIDAY, DECEMBER 1, 2017 |
|--|---|--|--|--|---|
| BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits or Oatmeal ½ c 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Apple Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Sausage Pattie (1) 2016 WG Biscuit w/Jelly 6555 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk |
| Meat/Meat Alternate K-8 th = 1 ½ - 2 oz 9-12 th = 2 oz - 3 oz. Mixed Entrée K-8 th = ¾ c 9-12 th = 1 c. | <u>ENTREE or MIXED ENTRÉE</u> Pepperoni Pizza Round 2488 | <u>ENTREE or MIXED ENTRÉE</u> Oven Fried Chicken 2101 | <u>ENTREE or MIXED ENTRÉE</u> WG Corndog 2479 | <u>ENTREE or MIXED ENTRÉE</u> Chicken Nuggets 2217 | <u>ENTREE or MIXED ENTRÉE</u> Baked Cornmeal Fish Strips 2187 |
| Vegetable: Other, Starchy, Or Beans and Peas ½ c | <u>STARCHY/BEANS AND PEAS/OTHER</u> Corn On The Cob 3026 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Southern Style Beans 2223 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Tator Tots 3362 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Au Gratin Potatoes 3246 |
| Grain/Bread K-8 = 1-2 oz; 9-12 th = 2 oz | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 |
| Meat/Meat Alt 6-12 th = 2-3 oz Mixed Entrée: 6-8 th ¾ c.; 9-12 th = 1c. Grain/Bread = 1-2 oz Vegetable; Other, Starchy, Beans or Peas, ½ c | <u>CHOICE FOR 6TH-12TH</u> Spicy Chicken Patty on WG Bun 2469 Southern Style Baked Beans 2322 | <u>CHOICE FOR 6TH-12TH</u> Hot Ham & Cheese on WG Bun 2458 Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Beef Tips 2028/2189 Brown Rice 5065 WG Grain Cornbread 6117 | <u>CHOICE FOR 6TH-12TH</u> Cheeseburger on WG Bun 2393 Baked French Fries 3364 | <u>CHOICE FOR 6TH-12TH</u> Hot Turkey & Cheese on WG Bun 2448 Baked Sweet Potato Fries 3365 |
| Salad Bar Meal 4-12 th (See Attach) | Chef Salad 2835 | Baked Potato Bar w/Grated Cheese 2334 | Nacho w/Meat & Cheese Sauce 1516 | Fajita Chicken Salad 1716 | Fresh Fruit & Vegetable Salad Bar 2838 |
| Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving) | <u>DARK GREEN/RED/ORANGE/SALAD</u> Glazed Carrots 3044 Toss Salad Green 3555 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Oriental Vegetables 3336 Shredded Lettuce and Tomatoes 10 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Tossed Garden Salad 3556 Seasoned Turnip Greens 3390 | <u>DARK GREEN/RED/ORANGE/SALAD</u> California Blend 3338 Tomato, Pickle & Onion Salad 3502 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3318 Shade of Green Salad 3552 |
| Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c | <u>FRUIT</u> Fruit Cocktail 1403 <u>CHOICE FOR 6TH-12TH</u> Fresh Apple 4204 | <u>FRUIT</u> Tangerine 1425 <u>CHOICE FOR 6TH-12TH</u> Chilled Pear Halves 4001 | <u>FRUIT</u> Fresh Grapes 4208 <u>CHOICE FOR 6TH-12TH</u> Chilled Pineapple Tidbits 4207 | <u>FRUIT</u> Frozen Fruit Cup 4570 <u>CHOICE FOR 6TH-12TH</u> Fresh Banana 4209 | <u>FRUIT</u> Chilled Sliced Peaches 4003 <u>CHOICE FOR 6TH-12TH</u> Orange Wedges 4256 |
| Condiment Bar Items: (all 20%) | Fat Free Ranch 4641 Hot Sauce 4646 Mustard 4624 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 | Fat Free Ranch 4641 Mustard 4624 Catsup 4662 Hot Sauce 4646 | Fat Free Ranch 4641 Hot Sauce 4646 Mustard 4624 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 | Hot Sauce 4646 Fat Free Ranch 4641 | Catsup 4662 Tartar Sauce 4638 Hot Sauce 4646 Mustard 4624 Fat Free Salad Dressing/Mayo 4645 Fat Free Ranch 4641 |
| Beverage: Potable Water Offered Daily Snack | Choice of Milk Low Fat WG Apple Spice (2 oz.) 6754 Choice of Milk | Choice of Milk Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482 | Choice of Milk LG WG Chocolate Muffin 6754 Choice of Milk | Choice of Milk WG Cinnamon Roll (2 oz.) 6910 Choice of Milk | Choice of Milk Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482 |

Caddo Parish, Child Nutrition Programs

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

| Rev. 7/31/2017 Updated: | CYCLE DAY 1 Food Scan R15 Produce Scan RN MONDAY, DECEMBER 4, 2017 | CYCLE DAY 2 Food Scan R15 Produce Scan RN TUESDAY, DECEMBER 5, 2017 | CYCLE DAY 3 Food Scan R15 Produce Scan RO WEDNESDAY, DECEMBER 6, 2017 | CYCLE DAY 4 Food Scan R15 Produce Scan RO THURSDAY, DECEMBER 7, 2017 | CYCLE DAY 5 Food Scan R15 Produce Scan RO FRIDAY, DECEMBER 8, 2017 |
|--|---|--|--|--|---|
| BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits or Oatmeal ½ c 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Apple Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk | Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Sausage Pattie (1) 2016 WG Biscuit w/Jelly 6555 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk |
| LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¾ c.; 9-12 th = 1 c. | <u>ENTREE or MIXED ENTREE</u> Sliced Ham 2014 | <u>ENTREE or MIXED ENTREE</u> Chicken Tetrizzini 2527 | <u>ENTREE or MIXED ENTREE</u> Hamburgers (6-8) 2394 Cheeseburger (9-12) 2393 | <u>ENTREE or MIXED ENTREE</u> Chili Mac 2700 | <u>ENTREE or MIXED ENTREE</u> Steak Fingers 2045 |
| Vegetable: Other, Starchy Or Beans and Peas ½ c | <u>STARCHY/BEANS AND PEAS/OTHER</u> Cheesy Potatoes 3130 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Green Beans 3034 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked French Fries 3364 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Corn 3034 | <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Potato 3243 |
| Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz | <u>GRAIN/BREAD</u> Whole Grain Grain Roll 6771 | <u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771 | <u>GRAIN/BREAD</u> | <u>GRAIN/BREAD</u> Oatmeal Raisin Cookie #30 7638 Whole Grain Cornbread 6117 | <u>GRAIN/BREAD</u> Whole Grain Cornbread 6117 |
| Meat/Meat Alternate 6-12 th = 2-3 oz Mixed Entrée: 6-8 th ¾ c.; 9-12 th = 1c. Grain/Bread = 1-2 oz Vegetable; Other, Starchy, Beans or Peas, ½ c | <u>CHOICE FOR 6TH-12TH</u> Nacho w/Meat and Cheese 1516 Seasoned Pinto Beans 2326 | <u>CHOICE FOR 6TH-12TH</u> Submarine Sandwich on WG Bun 2040 Baked Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Oven Fried Chicken 2101 Whole Grain Cornbread 6117 Seasoned Cabbage 3210 | <u>CHOICE FOR 6TH-12TH</u> Turkey Wrap (Cold Sandwich) 5605 Tator Tots 3362 | <u>CHOICE FOR 6TH-12TH</u> Grilled Chicken Patty on WG Bun 2469 Criss Cross Sweet Potato Fries 3365 |
| Salad Bar Meal 4-12 th (See Attach) | Fresh Fruit & Vegetable Salad Bar 2838 | Baked Potato Bar w/Grated Cheese 2334 | Nacho w/ Meat and Cheese Sauce 1516 | Fajita Chicken Salad 1716 | Chef Salad 2835 |
| Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving) | <u>DARK GREEN/RED/ORANGE/SALAD</u> Cesar Salad 1517 Shredded Lettuce and Diced Tomatoes 10 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Glazed Carrots 3044 Green Salad (1c) 3556 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Tomato Pickle & Onion Salad 3586 Sweet Potato Patties (2) 3154 | <u>DARK GREEN/RED/ORANGE/SALAD</u> California Blend 3336 | <u>DARK GREEN/RED/ORANGE/SALAD</u> Seasoned Turnip Greens 3390 Sliced Tomato on Lettuce 3586 |
| Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c | <u>FRUIT</u> Spiced Apples Slices 4004 <u>CHOICE FOR 6TH-12TH</u> Fresh Grapes 1423 | <u>FRUIT</u> Fresh Oranges 4256 <u>CHOICE FOR 6TH-12TH</u> Fruit Cocktail 1403 | <u>FRUIT</u> Sliced Chilled Peaches 4003 <u>CHOICE FOR 6TH-12TH</u> Frozen Fruit Cup 4570 | <u>FRUIT</u> Mandarin Orange 4258 <u>CHOICE FOR 6TH-12TH</u> Fresh Banana 4209 | <u>FRUIT</u> Flavored Gelatin w/2 Pear Halves 7202 <u>CHOICE FOR 6TH-12TH</u> Fresh Apple Wedges 4204 |
| Condiment Bar Items: (all 20%) | Dressing: Fat Free Ranch 4641 Fat Free Thousand Island 4663 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Thousand Island 4642 Mustard 4624 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Hot Sauce 4646 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 | Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Mustard 4624 Dressing: Fat Free Ranch 4641 | Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624 |
| Beverage: Potable Water Offered Daily | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| Snacks: | Ham & Cheese on WG Bread 2446 Fruit Juice 4 oz. 1482 | Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482 | LG WG Chocolate Muffin 6754 Choice of Milk | WG Cinnamon Roll (2oz.) 6910 Choice of Milk | Low Fat WG Apple Spice (2 oz.) 6754 Choice of Milk |

6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2017

| | | | | | | | | |
|--|---|-------------|--|-------------|---|-------------|---|-------------|
| Salad Bar (6-12th) | NACHO W/ MEAT & CHEESE SAUCE SALAD BAR | 1516 | TUNA SALAD BAR | 1714 | SACK LUNCH | 2449 | FRESH FRUIT & VEGETABLE SALAD | 2838 |
| Meat/Meat Alternate 2-3 oz. Vegetables: 1 c. Green Leafy Vegetable & ½ c. Vegetables Fruit: 4-8th ½ c. 9-12th 1c. Grain/Bread: 1-2 oz. Choice of milk | Nacho Cheddar Cheese (3oz) 1515 Seasoned Pinto Beans 2326 Romaine Lettuce Broccoli 4651 Tomato 4626 Green Onions 4630 Olives Sliced Pickles 4628 Croutons 6107 Picante Sauce 4655 Whole Grain Crackers or WG Hot Bread Dressing: Fat Free Ranch 4641 Fat Free Thousand Island 4643 Fresh or Canned Fruit Choice of Milk | | Tuna Salad Romaine Lettuce Broccoli 4651 Tomatoes 4626 Chopped Cauliflower 4652 Grated Carrots 4621 Sliced Pickles Sliced Egg 4637 Croutons 6107 Whole Grain Crackers or WG Hot Bread Dressing: Fat Free French 4657 Fat Free Thousand Island 4643 Fresh or Canned Fruit Choice of Milk | | Ham Poboy (2 oz shaved ham on WG hot dog bun with mustard) Potato Chips (1 oz. bag) 1105 Half Orange 4256 Half Apple 4204 Carrot & Celery Sticks 3501 Baked Dessert 7615 (Oatmeal Raisin Cookies) Choice of Milk | | Fresh Apple Wedges 4204 Fresh Orange Wedges 4256 Romaine Lettuce Fresh Tomatoes 4626 Fresh Carrots 4621 Fresh Broccoli 4651 Fresh Cauliflower 4652 Cheese and /or Boiled Egg (2 oz.) Whole Grain Crackers or WG Hot Bread Choice of Fruited Yogurt Dressing: Honey Mustard Fat Free French 4643 Choice of Milk | |
| CHEF SALAD BAR | POTATO BAR W/GRATED CHEESE | 2334 | FRIED CHICKEN SALAD PLATE | 1718 | Fajita Chicken Salad | 1716 | TACO SALAD BAR | 1713 |
| TURKEY/CHICKEN SALAD BAR | | | | | | | | |
| Turkey Strips/Chicken/Ham Strips Cheese 1509 Romaine Lettuce Tomatoes 4626 Bell Pepper Broccoli 4651 Grated Carrots 4621 Bacon Bits Croutons 6107 Whole Grain Crackers or WG Hot Bread Dressing: Fat Free Ranch 4641 Fat Free Thousand Island 4643 Fresh or Canned Fruit Choice of Milk | Potato w/Grated Cheese Whipped Margarine 4648 Romaine Lettuce Broccoli 4651 Tomatoes 4626 Green Onions 4630 Bacon Bits Sliced Eggs 4637 Croutons 6107 Whole Grain Crackers or WG Hot Bread Dressing: Fat Free French 4657 Fat Free Thousand Island 4643 Fresh or Canned Fruit Choice of Milk | | Fried Chicken Chunks(Chopped) Romaine Lettuce Tomato 4626 Grated Carrot 4621 Sliced Eggs 4637 Green Onion 4630 Broccoli 4651 Croutons 6107 Whole Grain Crackers or WG Hot Bread Dressing: Honey Mustard Fat Free French 4643 Fresh or Canned Fruit Choice of Milk | | Fajita Chicken Strips Seasoned Pinto Beans 2326 Shredded Lettuce Tomatoes 4626 Shredded Cheese 4623 Sour Cream Picante Sauce 4655 Jalapeno Pepper Whole Grain Crackers or WG Hot Bread Choice of Fruited Yogurt FF Ranch Dressing 4641 Fresh or Canned Fruit Choice of Milk | | Taco Meat w/Taco Shells Seasoned Pinto Beans 2326 Cheese 4623 Romaine Lettuce Broccoli 4651 Tomatoes 4626 Green Onion 4630 Olives Sliced Pickles 4628 Picante Sauce 4655 Croutons 6107 Whole Grain Crackers or WG Hot Bread Dressing: Fat Free Ranch 4641 Fat Free Thousand Island 4643 Fresh or Canned Fruit Choice of Milk | |

Note: Fruit Yogurt is a meat alternate to be offered on the Salad Bar daily.

AFTER SCHOOL SNACK PROGRAM

Please follow the Cycle Day menus below. Do not repeat the same menu each snack serving day. Example: If you serve snacks on Tuesday and Thursday, serve WG Cinnamon Roll and milk Tuesday and WG Banana Bread on Thursday of the first week; Turkey & Cheese on WG Bun on Tuesday and Ham and Cheese and Juice on Thursday of the second week; Muffin and Milk on Tuesday and Turkey & Cheese on WG Bun and Juice on Thursday of the third week, and so on.

Serving sizes Snack menu items are as follows:

| | | | | |
|---|---|---|---|---|
| Day 1 Low Fat WG Banana Muffin (2 oz.) 6754 Choice of Milk | Day 2 Cinnamon Rolls (2oz) 6910 Choice of Milk | Day 3 Turkey & Cheese on WG Bun 2448 Fruit Juice 4 oz. | Day 4 WG Cinnamon Roll (2oz) 6910 Choice of Milk | Day 5 Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. |
|---|---|---|---|---|



Revised as of 07/31/2017

Clerical: wbj