

Caddo Parish, Child Nutrition Programs

Kindergarten - 5th Grade Elementary MENU DAYS OPENING OF SCHOOL FALL 2018



Rev. 02/26/2018

Updated:	CYCLE DAY 1 Food Scan R01 Produce Scan RA MONDAY, AUGUST 13, 2018	CYCLE DAY 2 Food Scan R01 Produce Scan RA TUESDAY, AUGUST 14, 2018	CYCLE DAY 3 Food Scan R01 Produce Scan RA WEDNESDAY, AUGUST 15, 2018	CYCLE DAY 4 Food Scan R01 Produce Scan RA THURSDAY, AUGUST 16, 2018	CYCLE DAY 5 Food Scan R01 Produce Scan RA FRIDAY, AUGUST 17, 2018
	FIRST MEAL SERVED				
BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz	Fresh Fruit (½ c) Fruit Juice (4 fl. oz) 1484 Hot Buttery Grits w/WG Toast (2) 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Dutch Waffles w/ Powdered Sugar 6902 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll (2 oz.) 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Whole Banana Muffin (2 oz.) 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Toaster Pastry 6908 Sausage Pattie (1 oz.) 2016 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk
LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¼ c.; 9-12 th = 1 c. Vegetable: Other, Starchy Or Beans and Peas ½ c	<u>ENTRÉE OR MIXED ENTRÉE</u> Steak Fingers 2045	<u>ENTREE or MIXED ENTRÉE</u> Chili / Cheese Dogs 2480	<u>ENTREE or MIXED ENTRÉE</u> Salisbury Steak 2001	<u>ENTREE or MIXED ENTRÉE</u> Whole Grain Corndog 2479	<u>ENTREE or MIXED ENTRÉE</u> Baked Cornmeal Fish Strips 2187
	<u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130	<u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Tator Tots 3362	<u>STARCHY/BEANS AND PEAS/OTHER</u> Brown Rice 5605 Seasoned Green Beans 3034	<u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Beans 2322	<u>STARCHY/BEANS AND PEAS/OTHER</u> Cheesy Potatoes 3026
Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u> WG Brownie 7500	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771
Salad Bar Meal 4-12 th (See Attach)	Chef Salad 2835	Baked Potato Bar w/Grated Cheese 2334	Fried Chicken Salad Plate 1716	Nacho w/Meat & Cheese Sauce 1516	Fresh Fruit & Vegetable Salad Bar Or Tuna Salad 2838 1714
Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)	<u>DARK GREEN/RED/ORANGE/SALAD</u> Buttered Carrots 3044	<u>DARK GREEN/RED/ORANGE/SALAD</u> Garden Salad 3356	<u>DARK GREEN/RED/ORANGE/SALAD</u> Sweet Potato Delight 3155	<u>DARK GREEN/RED/ORANGE/SALAD</u> Popeye Salad 3560	<u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3320
Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c	<u>FRUIT</u> Fruit Cup 4031	<u>FRUIT</u> Fruit Cup 4031	<u>FRUIT</u> Fruit Cup 4031	<u>FRUIT</u> Frozen Fruit Cup 4570	<u>FRUIT</u> Fruit Cup 4031
	Please place fresh fruit basket on line daily	Please place fresh fruit basket on line daily	Please place fresh fruit basket on line daily	Please place fresh fruit basket on line daily	Please place fresh fruit basket on line daily
Condiment Bar Items: (all 20%)	Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624	Dressing: Fat Free Ranch 4641 Mustard 4624 Pickle Relish 4635 Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Hot Sauce 4646	Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624	Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Mustard 4624 Dressing: Fat Free Ranch 4641	Dressing: Fat Free Ranch 4641 Catsup, PC 4662 Hot Sauce 4646 Tartar Sauce 4638
Beverage: Potable Water Offered Daily	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
Snacks:	Low Fat WG Banana Muffin (2 oz.) 6754 Choice of Milk	Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482	WG Muffin 6754 Choice of Milk	WG Cinnamon Roll (2oz.) 6910 Choice of Milk	Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482

Caddo Parish Child Nutrition Programs
Kindergarten - 5th Grade Elementary MENU DAYS OPENING OF SCHOOL FALL 2018



Rev. 02/26/2018

	CYCLE DAY 6 Food Scan R02 Produce Scan RA MONDAY, AUGUST 20, 2018	CYCLE DAY 7 Food Scan R02 Produce Scan RA TUESDAY, AUGUST 21, 2018	CYCLE DAY 8 Food Scan R02 Produce Scan RB WEDNESDAY, AUGUST 22, 2018	CYCLE DAY 9 Food Scan R02 Produce Scan RB THURSDAY, AUGUST 23, 2018	CYCLE DAY 10 Food Scan R02 Produce Scan RB FRIDAY, AUGUST 24, 2018
BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits w/ WG Toast (2) 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Dutch Waffles w/ Powdered Sugar 6902 Choice; Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll (2 oz.) 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Whole Banana Muffin (2 oz.) 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Toaster Pastry 6908 Sausage Pattie (1 oz.) Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk
Meat/Meat Alternate K-8 th = 1 ½ -2 oz 9-12 th = 2 oz - 3 oz. Mixed Entrée K-8 th = ¾ c 9-12 th = 1 c.	<u>ENTREE or MIXED ENTRÉE</u> Chicken Nuggets 2117	<u>ENTREE or MIXED ENTRÉE</u> Beef Tacos 1713 Elementary- 2 each	<u>ENTREE or MIXED ENTRÉE</u> Baked Chicken 2101	<u>ENTREE or MIXED ENTRÉE</u> Jambalaya w/ Chicken and Sausage 2544	<u>ENTREE or MIXED ENTRÉE</u> Nacho W Meat & Cheese Sauce 1516
Vegetable: Other, Starchy, Or Beans and Peas ½ c	<u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130	<u>STARCHY/BEANS AND PEAS/OTHER</u> Mexican Whole Kernel Corn 3030	<u>STARCHY/BEANS AND PEAS/OTHER</u> Steamed Cabbage 3210	<u>STARCHY/BEANS AND PEAS/OTHER</u>	<u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Baked Beans 2322
Grain/Bread K-8 = 1-2 oz; 9-12 th = 2 oz	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>	<u>GRAIN/BREAD</u> Whole Grain Cornbread 6117	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>
Salad Bar Meal 4-12 th (See Attach)	Chef Salad 2835	Baked Potato Bar w/Grated Cheese 2334	Fried Chicken Salad Plate 1716	Nacho w/Meat & Cheese Sauce 1516	Fresh Fruit & Vegetable Salad Bar 2838 Or Tuna Salad 1714
Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)	<u>DARK GREEN/RED/ORANGE/SALAD</u> Seasoned Mixed Vegetable 3595	<u>DARK GREEN/RED/ORANGE/SALAD</u> Shredded Lettuce and Diced Tomatoes 10	<u>DARK GREEN/RED/ORANGE/SALAD</u> Sweet Potato Patties (2 each) 3154	<u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3320 Glazed Carrots 3346	<u>DARK GREEN/RED/ORANGE/SALAD</u> Tossed Garden Salad 3556
Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Frozen Fruit Cup 4570 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily
Condiment Bar Items: (all 20%)	Fat Free Ranch Dressing 4641 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624	Fat Free 1000 Island 4643 Fat Free Ranch 4641 Mustard 4624 Catsup 4662 Hot Sauce 4646 Fat Free Salad Dressing/Mayo 4645	Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624	LF Creamy Italian Dressing 4642 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624 Hot Sauce 4646	Catsup 4662 Tartar Sauce 4638 Hot Sauce 4646 Fat Free Ranch Dressing 4641
Beverage:Potable Water OfferedDaily	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
Snack	Low Fat WG Banana Muffin (2 oz.) 6754 Choice of Milk	Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482	WG Muffin Choice of Milk	WG Cinnamon Roll (2 oz.) 6910 Choice of Milk	Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482

Caddo Parish, Child Nutrition Programs
Kindergarten - 5th Grade MENU DAYS OPENING OF SCHOOL 2018

Rev. 02/26/2018 Updated:	CYCLE DAY 1 Food Scan R03 Produce Scan RB MONDAY, AUGUST 27, 2018	CYCLE DAY 2 Food Scan R03 Produce Scan RB TUESDAY, AUGUST 28, 2018	CYCLE DAY 3 Food Scan R03 Produce Scan RC WEDNESDAY, AUGUST 29, 201	CYCLE DAY 4 Food Scan R03 Produce Scan RC THURSDAY, AUGUST 30, 2018	CYCLE DAY 5 Food Scan R03 Produce Scan RC FRIDAY, AUGUST 31, 2018
BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits w/WG Toast (2) 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Dutch Waffles w/ Powdered Sugar 6902 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll (2 oz.) 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Whole Banana Muffin (2 oz.). 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Toaster Pastry 6908 Sausage Pattie (1 oz.) 2016 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk
LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¾ c.; 9-12 th = 1 c. Vegetable: Other, Starchy Or Beans and Peas ½ c	<u>ENTRÉE OR MIXED ENTRÉE</u> Steak Fingers 2045	<u>ENTREE or MIXED ENTRÉE</u> Chili / Cheese Dogs 2480	<u>ENTREE or MIXED ENTRÉE</u> Salisbury Steak 2001	<u>ENTREE or MIXED ENTRÉE</u> Whole Grain Corndog 2479	<u>ENTREE or MIXED ENTRÉE</u> Baked Cornmeal Fish Strips 2187
	<u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130	<u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Tator Tots 3362	<u>STARCHY/BEANS AND PEAS/OTHER</u> Brown Rice 5605 Seasoned Green Beans 3034	<u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Beans 2322	<u>STARCHY/BEANS AND PEAS/OTHER</u> Cheesy Potatoes 3026
Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u> WG Brownie 7500	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771
Salad Bar Meal 4-12 th (See Attach)	Chef Salad 2835	Baked Potato Bar w/Grated Cheese 2334	Fried Chicken Salad Plate 1716	Nacho w/Meat & Cheese Sauce 1516	Fresh Fruit & Vegetable Salad Bar Or Tuna Salad 2838 1714
Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)	<u>DARK GREEN/RED/ORANGE/SALAD</u> Buttered Carrots 3044	<u>DARK GREEN/RED/ORANGE/SALAD</u> Garden Salad 3356	<u>DARK GREEN/RED/ORANGE/SALAD</u> Sweet Potato Delight 3155	<u>DARK GREEN/RED/ORANGE/SALAD</u> Popeye Salad 3560	<u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3320
Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Frozen Fruit Cup 4570 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily
Condiment Bar Items: (all 20%)	Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624	Dressing: Fat Free Ranch 4641 Mustard 4624 Pickle Relish 4635 Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Hot Sauce 4646	Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624	Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Mustard 4624 Dressing: Fat Free Ranch 4641	Dressing: Fat Free Ranch 4641 Catsup, PC 4662 Hot Sauce 4646 Tartar Sauce 4638
Beverage: Potable Water Offered Daily	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
Snacks:	Low Fat WG Banana Muffin (2 oz.) 6754 Choice of Milk	Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482	WG Muffin 6754 Choice of Milk	WG Cinnamon Roll (2oz.) 6910 Choice of Milk	Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482

Caddo Parish Child Nutrition Programs
Kindergarten - 5th Grade MENU DAYS OPENING OF SCHOOL 2018



	CYCLE DAY 6 Food Scan Produce Scan MONDAY, SEPTEMBER 3, 2018 CADDO CLOSED LABOR DAY	CYCLE DAY 7 Food Scan R04 Produce Scan RC TUESDAY, SEPTEMBER 4, 2018	CYCLE DAY 8 Food Scan R04 Produce Scan RC WEDNESDAY, SEPTEMBER 5, 2018	CYCLE DAY 9 Food Scan R04 Produce Scan RD THURSDAY, SEPTEMBER 6, 2018	CYCLE DAY 10 Food Scan R04 Produce Scan RD FRIDAY, SEPTEMBER 7, 2018
BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz		Fresh Fruit (½ c) Canned Fruit ½ c. Dutch Waffles w/ Powdered Sugar 6902 Choice; Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll (2 oz.) 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Whole Banana Muffin (2 oz.) 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Toaster Pastry 6908 Sausage Pattie (1 oz.) Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk
Meat/Meat Alternate K-8 th = 1 ½ -2 oz 9-12 th = 2 oz - 3 oz. Mixed Entrée K-8 th = ¾ c 9-12 th = 1 c.		<u>ENTREE or MIXED ENTREE</u> Beef Tacos 1713 Elementary- 2 each	<u>ENTREE or MIXED ENTRÉE</u> Baked Chicken 2101	<u>ENTREE or MIXED ENTRÉE</u> Jambalaya w/ Chicken and Sausage 2544	<u>ENTREE or MIXED ENTRÉE</u> Nacho W Meat & Cheese Sauce 1516
Vegetable: Other, Starchy, Or Beans and Peas ½ c		<u>STARCHY/BEANS AND PEAS/OTHER</u> Mexican Whole Kernel Corn 3030	<u>STARCHY/BEANS AND PEAS/OTHER</u> Steamed Cabbage 3210	<u>STARCHY/BEANS AND PEAS/OTHER</u>	<u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Baked Beans 2322
Grain/Bread K-8 = 1-2 oz; 9-12 th = 2 oz		<u>GRAIN/BREAD</u>	<u>GRAIN/BREAD</u> Whole Grain Cornbread 6117	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>
Salad Bar Meal 4-12 th (See Attach)		Baked Potato Bar w/Grated Cheese 2334	Fried Chicken Salad Plate 1716	Nacho w/Meat & Cheese Sauce 1516	Fresh Fruit & Vegetable Salad Bar 2838 Or Tuna Salad 1714
Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)		<u>DARK GREEN/RED/ORANGE/SALAD</u> Shredded Lettuce and Diced Tomatoes 10 Sliced Tomatoes on Lettuce 3586	<u>DARK GREEN/RED/ORANGE/SALAD</u> Sweet Potato Patties (2 each) 3154	<u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3320 Glazed Carrots 3346	<u>DARK GREEN/RED/ORANGE/SALAD</u> Tossed Garden Salad 3556
Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c		<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Frozen Fruit Cup 4570 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily
Condiment Bar Items: (all 20%)		Fat Free Ranch 4641 Mustard 4624 Catsup 4662 Hot Sauce 4646 Fat Free Salad Dressing/Mayo 4645	Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624	Fat Free Ranch Dressing 4641 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624 Hot Sauce 4646	Catsup 4662 Tartar Sauce 4638 Hot Sauce 4646 Fat Free Ranch Dressing 4641
Beverage: Potable Water Offered Daily		Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
Snack		Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482	WG Muffin Choice of Milk	WG Cinnamon Roll (2 oz.) 6910 Choice of Milk	Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482



Caddo Parish, Child Nutrition Programs
Kindergarten -5th Grade MENU DAYS OPENING OF SCHOOL 2018

Rev. 2/26/2018 Updated:	CYCLE DAY 1 Food Scan R05 RD MONDAY, SEPTEMBER 10, 2018	CYCLE DAY 2 Food Scan R05 Produce Scan TUESDAY, SEPTEMBER 11, 2018	CYCLE DAY 3 Food Scan R05 Produce Scan RE WEDNESDAY, SEPTEMBER 12, 2018	CYCLE DAY 4 Food Scan R05 Produce Scan RE THURSDAY, SEPTEMBER 13, 2018	CYCLE DAY 5 Food Scan R05 Produce Scan RE FRIDAY, SEPTEMBER 14, 2018 CADDO PAY DAY(\$\$\$\$\$)
BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz	Fresh Fruit (½ c) Fruit Juice (4 fl. oz) 1484 Hot Buttery Grits w/WG Toast (2) 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Dutch Waffles w/ Powdered Sugar 6902 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll (2 oz.) 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Whole Banana Muffin (2 oz.) 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Toaster Pastry 6908 Sausage Pattie (1 oz.) 2016 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk
LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¼ c.; 9-12 th = 1 c. Vegetable: Other, Starchy Or Beans and Peas ½ c	<u>ENTRÉE OR MIXED ENTRÉE</u> Steak Fingers 2045	<u>ENTREE or MIXED ENTRÉE</u> Chili / Cheese Dogs 2480	<u>ENTREE or MIXED ENTRÉE</u> Salisbury Steak 2001	<u>ENTREE or MIXED ENTRÉE</u> Whole Grain Corndog 2479	<u>ENTREE or MIXED ENTRÉE</u> Baked Cornmeal Fish Strips 2187
Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz	<u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130	<u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Tator Tots 3362	<u>STARCHY/BEANS AND PEAS/OTHER</u> Brown Rice 5605 Seasoned Green Beans 3034	<u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Beans 2322 WG Brownie 7500	<u>STARCHY/BEANS AND PEAS/OTHER</u> Cheesy Potatoes 3026 Whole Grain Dinner Roll 6771
Salad Bar Meal 4-12 th (See Attach)	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u> WG Brownie 7500	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771
Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)	Chef Salad 2835	Baked Potato Bar w/Grated Cheese 2334	Fried Chicken Salad Plate 1716	Nacho w/Meat & Cheese Sauce 1516	Fresh Fruit & Vegetable Salad Bar Or Tuna Salad 2838 1714
Condiment Bar Items: (all 20%)	<u>DARK GREEN/RED/ORANGE/SALAD</u> Buttered Carrots 3044	<u>DARK GREEN/RED/ORANGE/SALAD</u> Garden Salad 3356	<u>DARK GREEN/RED/ORANGE/SALAD</u> Sweet Potato Delight 3155	<u>DARK GREEN/RED/ORANGE/SALAD</u> Popeye Salad 3560	<u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3320
Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Frozen Fruit Cup 4570 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily
Beverage: Potable Water Offered Daily	Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624	Dressing: Fat Free Ranch 4641 Mustard 4624 Pickle Relish 4635 Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Hot Sauce 4646	Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624	Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Mustard 4624 Dressing: Fat Free Ranch 4641	Dressing: Fat Free Ranch 4641 Catsup, PC 4662 Hot Sauce 4646 Tartar Sauce 4638
Snacks:	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
	Low Fat WG Banana Muffin (2 oz.) 6754 Choice of Milk	Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482	WG Muffin 6754 Choice of Milk	WG Cinnamon Roll (2oz.) 6910 Choice of Milk	Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482

Caddo Parish Child Nutrition Programs
Kindergarten – 5th Grade MENU DAYS OPENING OF SCHOOL 2018



	CYCLE DAY 6 Food Scan R06 Produce Scan RE MONDAY, SEPTEMBER 17, 2018	CYCLE DAY 7 Food Scan R06 Produce Scan RE TUESDAY, SEPTEMBER 18, 2018	CYCLE DAY 8 Food Scan R06 Produce Scan RF WEDNESDAY, SEPTEMBER 19, 2018	CYCLE DAY 9 Food Scan R06 Produce Scan RF THURSDAY, SEPTEMBER 20, 2018	CYCLE DAY 10 Food Scan R06 Produce Scan RF FRIDAY, SEPTEMBER 21, 2018
BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits w/ WG Toast (2) 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Dutch Waffles w/ Powdered Sugar 6902 Choice; Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll (2 oz.) 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Whole Banana Muffin (2 oz.) 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Toaster Pastry 6908 Sausage Pattie (1 oz.) Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk
Meat/Meat Alternate K-8 th = 1 ½ -2 oz 9-12 th = 2 oz – 3 oz. Mixed Entrée K-8 th = ¾ c 9-12 th = 1 c.	<u>ENTREE or MIXED ENTRÉE</u> Chicken Nuggets 2117	<u>ENTREE or MIXED ENTRÉE</u> Beef Tacos 1713 Elementary- 2 each	<u>ENTREE or MIXED ENTRÉE</u> Baked Chicken 2101	<u>ENTREE or MIXED ENTRÉE</u> Jambalaya w/ Chicken and Sausage 2544	<u>ENTREE or MIXED ENTRÉE</u> Nacho W Meat & Cheese Sauce 1516
Vegetable: Other, Starchy, Or Beans and Peas ½ c	<u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130	<u>STARCHY/BEANS AND PEAS/OTHER</u> Refried Beans 2324 Mexican Whole Kernel Corn 3030	<u>STARCHY/BEANS AND PEAS/OTHER</u> Steamed Cabbage 3210	<u>STARCHY/BEANS AND PEAS/OTHER</u>	<u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Baked Beans 2322
Grain/Bread K-8 = 1-2 oz; 9-12 th = 2 oz	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>	<u>GRAIN/BREAD</u> Whole Grain Cornbread 6117	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>
Salad Bar Meal 4-12 th (See Attach)	Chef Salad 2835	Baked Potato Bar w/Grated Cheese 2334	Fried Chicken Salad Plate 1716	Nacho w/Meat & Cheese Sauce 1516	Fresh Fruit & Vegetable Salad Bar 2838 Or Tuna Salad 1714
Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)	<u>DARK GREEN/RED/ORANGE/SALAD</u> Seasoned Mixed Vegetable 3595	<u>DARK GREEN/RED/ORANGE/SALAD</u> Shredded Lettuce and Diced Tomatoes 10	<u>DARK GREEN/RED/ORANGE/SALAD</u> Sweet Potato Patties (2 each) 3154	<u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3320 Glazed Carrots 3346	<u>DARK GREEN/RED/ORANGE/SALAD</u> Tossed Garden Salad 3556
Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Frozen Fruit Cup 4570 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily
Condiment Bar Items: (all 20%)	Fat Free Ranch Dressing 4641 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624	Fat Free Ranch 4641 Mustard 4624 Catsup 4662 Hot Sauce 4646 Fat Free Salad Dressing/Mayo 4645	Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624	Fat Free Ranch Dressing 4641 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624 Hot Sauce 4646	Catsup 4662 Tartar Sauce 4638 Hot Sauce 4646 Fat Free Ranch Dressing 4641
Beverage:Potable Water OfferedDaily Snack	Choice of Milk Low Fat WG Banana Muffin (2 oz.) 6754 Choice of Milk	Choice of Milk Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482	Choice of Milk WG Muffin Choice of Milk	Choice of Milk WG Cinnamon Roll (2 oz.) 6910 Choice of Milk	Choice of Milk Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482

Caddo Parish, Child Nutrition Programs
Kindergarten - 5th Grade MENU DAYS OPENING OF SCHOOL 2018



Rev. 02/26/2018 Updated:	CYCLE DAY 1 Food Scan R07 Produce Scan RF MONDAY, SEPTEMBER 24, 2018	CYCLE DAY 2 Food Scan R07 Produce Scan RF TUESDAY, SEPTEMBER 25, 2018	CYCLE DAY 3 Food Scan R07 Produce Scan RG WEDNESDAY, SEPTEMBER 26, 2018	CYCLE DAY 4 Food Scan R07 Produce Scan RG THURSDAY, SEPTEMBER 27, 2018	CYCLE DAY 5 Food Scan R07 Produce Scan RG FRIDAY, SEPTEMBER 28, 2018
BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz	Fresh Fruit (½ c) Fruit Juice (4 fl. oz) 1484 Hot Buttery Grits w/WG Toast (2) 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Dutch Waffles w/ Powdered Sugar 6902 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll (2 oz.) 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Whole Banana Muffin (2 oz.) 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Toaster Pastry 6908 Sausage Pattie (1 oz.) 2016 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk
LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¼ c.; 9-12 th = 1 c. Vegetable: Other, Starchy Or Beans and Peas ½ c	<u>ENTRÉE OR MIXED ENTRÉE</u> Steak Fingers 2045	<u>ENTREE or MIXED ENTRÉE</u> Chili / Cheese Dogs 2480	<u>ENTREE or MIXED ENTRÉE</u> Salisbury Steak 2001	<u>ENTREE or MIXED ENTRÉE</u> Whole Grain Corndog 2479	<u>ENTREE or MIXED ENTRÉE</u> Baked Cornmeal Fish Strips 2187
Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz	<u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130	<u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Tator Tots 3362	<u>STARCHY/BEANS AND PEAS/OTHER</u> Brown Rice 5605 Seasoned Green Beans 3034	<u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Beans 2322	<u>STARCHY/BEANS AND PEAS/OTHER</u> Cheesy Potatoes 3026
Salad Bar Meal 4-12 th (See Attach)	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u> WG Brownie 7500	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771
Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)	<u>GRAIN/BREAD</u> Chef Salad 2835	<u>GRAIN/BREAD</u> Baked Potato Bar w/Grated Cheese 2334	<u>GRAIN/BREAD</u> Fried Chicken Salad Plate 1716	<u>GRAIN/BREAD</u> Nacho w/Meat & Cheese Sauce 1516	<u>GRAIN/BREAD</u> Fresh Fruit & Vegetable Salad Bar Or Tuna Salad 2838 1714
Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)	<u>DARK GREEN/RED/ORANGE/SALAD</u> Buttered Carrots 3044	<u>DARK GREEN/RED/ORANGE/SALAD</u> Garden Salad 3356 Sweet Potato Patties (2) 3154	<u>DARK GREEN/RED/ORANGE/SALAD</u> Sweet Potato Delight 3155	<u>DARK GREEN/RED/ORANGE/SALAD</u> Popeye Salad 3560 Shredded Lettuce & Diced Tomatoes 10	<u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3320 Tossed Garden Salad 3556
Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Frozen Fruit Cup 4570 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily
Condiment Bar Items: (all 20%)	Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624	Dressing: Fat Free Ranch 4641 Mustard 4624 Pickle Relish 4635 Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Hot Sauce 4646	Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624	Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Mustard 4624 Dressing: Fat Free Ranch 4641	Dressing: Fat Free Ranch 4641 Catsup, PC 4662 Hot Sauce 4646 Tartar Sauce 4638
Beverage: Potable Water Offered Daily	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
Snacks:	Low Fat WG Banana Muffin (2 oz.) 6754 Choice of Milk	Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482	WG Muffin 6754 Choice of Milk	WG Cinnamon Roll (2oz.) 6910 Choice of Milk	Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482

Caddo Parish Child Nutrition Programs
Kindergarten – 5th Grade MENU DAYS OPENING OF SCHOOL 2018



	CYCLE DAY 6 Food Scan R08 Produce Scan RG MONDAY, OCTOBER 1, 2018	CYCLE DAY 7 Food Scan R08 Produce Scan RG TUESDAY, OCTOBER 2, 2018	CYCLE DAY 8 Food Scan R08 Produce Scan RH WEDNESDAY, OCTOBER 3, 2018	CYCLE DAY 9 Food Scan R08 Produce Scan RH THURSDAY, OCTOBER 4, 2018	CYCLE DAY 10 Food Scan R08 Produce Scan RH FRIDAY, OCTOBER 5, 2018
BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits w/ WG Toast (2) 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Dutch Waffles w/ Powdered Sugar 6902 Choice; Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll (2 oz.) 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Whole Banana Muffin (2 oz.) 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Toaster Pastry 6908 Sausage Pattie (1 oz.) Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk
Meat/Meat Alternate K-8 th = 1 ½ -2 oz 9-12 th = 2 oz – 3 oz. Mixed Entrée K-8 th = ¾ c 9-12 th = 1 c.	<u>ENTREE or MIXED ENTRÉE</u> Chicken Nuggets 2117	<u>ENTREE or MIXED ENTRÉE</u> Beef Tacos 1713 Elementary- 2 each	<u>ENTREE or MIXED ENTRÉE</u> Baked Chicken 2101	<u>ENTREE or MIXED ENTRÉE</u> Jambalaya w/ Chicken and Sausage 2544	<u>ENTREE or MIXED ENTRÉE</u> Nacho W Meat & Cheese Sauce 1516
Vegetable: Other, Starchy, Or Beans and Peas ½ c	<u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130	<u>STARCHY/BEANS AND PEAS/OTHER</u> Mexican Whole Kernel Corn 3030	<u>STARCHY/BEANS AND PEAS/OTHER</u> Steamed Cabbage 3210	<u>STARCHY/BEANS AND PEAS/OTHER</u>	<u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Baked Beans 2322
Grain/Bread K-8 = 1-2 oz; 9-12 th = 2 oz	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>	<u>GRAIN/BREAD</u> Whole Grain Cornbread 6117	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>
Salad Bar Meal 4-12 th (See Attach)	Chef Salad 2835	Baked Potato Bar w/Grated Cheese 2334	Fried Chicken Salad Plate 1716	Nacho w/Meat & Cheese Sauce 1516	Fresh Fruit & Vegetable Salad Bar 2838 Or Tuna Salad 1714
Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)	<u>DARK GREEN/RED/ORANGE/SALAD</u> Seasoned Mixed Vegetable 3595	<u>DARK GREEN/RED/ORANGE/SALAD</u> Shredded Lettuce and Diced Tomatoes 10	<u>DARK GREEN/RED/ORANGE/SALAD</u> Sweet Potato Patties (2 each) 3154	<u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3320 Glazed Carrots 3346	<u>DARK GREEN/RED/ORANGE/SALAD</u> Tossed Garden Salad 3556
Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Frozen Fruit Cup 4570 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily
Condiment Bar Items: (all 20%)	Fat Free Ranch Dressing 4641 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624	Fat Free Ranch 4641 Mustard 4624 Catsup 4662 Hot Sauce 4646 Fat Free Salad Dressing/Mayo 4645	Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624	Fat Free Ranch Dressing 4641 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624 Hot Sauce 4646	Catsup 4662 Tartar Sauce 4638 Hot Sauce 4646 Fat Free Ranch Dressing 4641
Beverage:Potable Water OfferedDaily Snack	Choice of Milk Low Fat WG Banana Muffin (2 oz.) 6754 Choice of Milk	Choice of Milk Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482	Choice of Milk WG Muffin Choice of Milk	Choice of Milk WG Cinnamon Roll (2 oz.) 6910 Choice of Milk	Choice of Milk Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482

Caddo Parish, Child Nutrition Programs
Kindergarten - 5th Grade MENU DAYS OPENING OF SCHOOL 2018

Rev. 02/26/2018 Updated:	CYCLE DAY 1 Food Scan R09 Produce Scan RH MONDAY, OCTOBER 8, 2018	CYCLE DAY 2 Food Scan R09 Produce Scan RH TUESDAY, OCTOBER 9, 2018	CYCLE DAY 3 Food Scan R09 Produce Scan RI WEDNESDAY, OCTOBER 10, 2018	CYCLE DAY 4 Food Scan R09 Produce Scan RI THURSDAY, OCTOBER 11, 2018	CYCLE DAY 5 Food Scan Produce Scan FRIDAY, OCTOBER 12, 2018 Professional Development (No Students)
BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz	Fresh Fruit (½ c) Fruit Juice (4 fl. oz) 1484 Hot Buttery Grits w/WG Toast (2) 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Dutch Waffles w/ Powdered Sugar 6902 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll (2 oz.) 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Whole Banana Muffin (2 oz.) 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	
LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¾ c.; 9-12 th = 1 c. Vegetable: Other, Starchy Or Beans and Peas ½ c	<u>ENTRÉE OR MIXED ENTRÉE</u> Steak Fingers 2045 <u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130	<u>ENTREE or MIXED ENTREE</u> Chili / Cheese Dogs 2480 <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Tator Tots 3362	<u>ENTREE or MIXED ENTREE</u> Salisbury Steak 2001 <u>STARCHY/BEANS AND PEAS/OTHER</u> Brown Rice 5605 Seasoned Green Beans 3034	<u>ENTREE or MIXED ENTREE</u> Whole Grain Corndog 2479 <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Beans 2322	
Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u> WG Brownie 7500	
Salad Bar Meal 4-12 th (See Attach)	Chef Salad 2835	Baked Potato Bar w/Grated Cheese 2334	Fried Chicken Salad Plate 1716	Nacho w/Meat & Cheese Sauce 1516	
Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)	<u>DARK GREEN/RED/ORANGE/SALAD</u> Buttered Carrots 3044	<u>DARK GREEN/RED/ORANGE/SALAD</u> Garden Salad 3356	<u>DARK GREEN/RED/ORANGE/SALAD</u> Sweet Potato Delight 3155	<u>DARK GREEN/RED/ORANGE/SALAD</u> Popeye Salad 3560	
Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Frozen Fruit Cup 4570 Please place fresh fruit basket on line daily	
Condiment Bar Items: (all 20%)	Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624	Dressing: Fat Free Ranch 4641 Mustard 4624 Pickle Relish 4635 Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Hot Sauce 4646	Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624	Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Mustard 4624 Dressing: Fat Free Ranch 4641	
Beverage: Potable Water Offered Daily	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	
Snacks:	Low Fat WG Banana Muffin (2 oz.) 6754 Choice of Milk	Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482	WG Muffin 6754 Choice of Milk	WG Cinnamon Roll (2oz.) 6910 Choice of Milk	

Caddo Parish Child Nutrition Programs
Kindergarten - 5th Grade MENU DAYS OPENING OF SCHOOL 2018



	CYCLE DAY 6 Food Scan Produce Scan MONDAY, OCTOBER 15, 2018 FALL BREAK CADDO CLOSED	CYCLE DAY 7 Food Scan Produce Scan TUESDAY, OCTOBER 16, 2018 FALL BREAK CADDO CLOSED	CYCLE DAY 8 Food Scan Produce Scan WEDNESDAY, OCTOBER 17, 2018 FALL BREAK CADDO CLOSED	CYCLE DAY 9 Food Scan R09 Produce Scan RI THURSDAY, OCTOBER 18, 2018	CYCLE DAY 10 Food Scan R09 Produce Scan RI FRIDAY, OCTOBER 19, 2018
BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz				Fresh Fruit (½ c) Canned Fruit ½ c. Whole Banana Muffin (2 oz.). Choice: Assorted Cereal Whole Grain Toast w/Jelly Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) Toaster Pastry Sausage Pattie (1 oz.) Choice: Assorted Cereal Whole Grain Toast w/Jelly Choice of Milk
Meat/Meat Alternate K-8 th = 1 ½ -2 oz 9-12 th = 2 oz – 3 oz. Mixed Entrée K-8 th = ¾ c 9-12 th = 1 c.				<u>ENTREE or MIXED ENTRÉE</u> Jambalaya w/ Chicken and Sausage 2544	<u>ENTREE or MIXED ENTRÉE</u> Nacho W Meat & Cheese Sauce 1516
Vegetable: Other, Starchy, Or Beans and Peas ½ c				<u>STARCHY/BEANS AND PEAS/OTHER</u>	<u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Baked Beans 2322
Grain/Bread K-8 = 1-2 oz; 9-12 th = 2 oz				<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>
Salad Bar Meal 4-12 th (See Attach)				Nacho w/Meat & Cheese Sauce 1516	Fresh Fruit & Vegetable Salad Bar 2838 Or Tuna Salad 1714
Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)				<u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3320 Glazed Carrots 3346	<u>DARK GREEN/RED/ORANGE/SALAD</u> Tossed Garden Salad 3556
Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c				<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily
Condiment Bar Items: (all 20%)				Fat Free Ranch Dressing 4641 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624 Hot Sauce 4646	Catsup 4662 Tartar Sauce 4638 Hot Sauce 4646 Fat Free Ranch Dressing 4641
Beverage:Potable Water OfferedDaily				Choice of Milk	Choice of Milk
Snack				WG Cinnamon Roll (2 oz.) 6910 Choice of Milk	Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482

Caddo Parish, Child Nutrition Programs
Kindergarten - 5th Grade MENU DAYS OPENING OF SCHOOL 2018

Rev. 02/26/2018 Updated:	CYCLE DAY 1 Food Scan R10 Produce Scan RI MONDAY, OCTOBER 22, 2018	CYCLE DAY 2 Food Scan R10 Produce Scan RI TUESDAY, OCTOBER 23, 2018	CYCLE DAY 3 Food Scan R10 Produce Scan RJ WEDNESDAY, OCTOBER 24, 2018	CYCLE DAY 4 Food Scan R10 Produce Scan RJ THURSDAY, OCTOBER 25, 2018	CYCLE DAY 5 Food Scan R10 Produce Scan RJ FRIDAY, OCTOBER 26, 2018
BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits w/WG Toast (2) 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Dutch Waffles w/ Powdered Sugar 6902 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll (2 oz.) 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Whole Banana Muffin (2 oz.). 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Toaster Pastry 6908 Sausage Pattie (1 oz.) 2016 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk
LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¾ c.; 9-12 th = 1 c. Vegetable: Other, Starchy Or Beans and Peas ½ c	<u>ENTRÉE OR MIXED ENTRÉE</u> Steak Fingers 2045 <u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130	<u>ENTREE or MIXED ENTREE</u> Chili / Cheese Dogs 2480 <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Tator Tots 3362	<u>ENTREE or MIXED ENTREE</u> Salisbury Steak 2001 <u>STARCHY/BEANS AND PEAS/OTHER</u> Brown Rice 5605 Seasoned Green Beans 3034	<u>ENTREE or MIXED ENTREE</u> Whole Grain Corndog 2479 <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Beans 2322	<u>ENTREE or MIXED ENTREE</u> Baked Cornmeal Fish Strips 2187 <u>STARCHY/BEANS AND PEAS/OTHER</u> Cheesy Potatoes 3026
Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u> WG Brownie 7500	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771
Salad Bar Meal 4-12 th (See Attach)	Chef Salad 2835	Baked Potato Bar w/Grated Cheese 2334	Fried Chicken Salad Plate 1716	Nacho w/Meat & Cheese Sauce 1516	Fresh Fruit & Vegetable Salad Bar Or Tuna Salad 2838 1714
Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)	<u>DARK GREEN/RED/ORANGE/SALAD</u> Buttered Carrots 3044	<u>DARK GREEN/RED/ORANGE/SALAD</u> Garden Salad 3356	<u>DARK GREEN/RED/ORANGE/SALAD</u> Sweet Potato Delight 3155	<u>DARK GREEN/RED/ORANGE/SALAD</u> Popeye Salad 3560	<u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3320
Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Frozen Fruit Cup 4570 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily
Condiment Bar Items: (all 20%)	Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624	Dressing: Fat Free Ranch 4641 Mustard 4624 Pickle Relish 4635 Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Hot Sauce 4646	Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624	Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Mustard 4624 Dressing: Fat Free Ranch 4641	Dressing: Fat Free Ranch 4641 Catsup, PC 4662 Hot Sauce 4646 Tartar Sauce 4638
Beverage: Potable Water Offered Daily	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
Snacks:	Low Fat WG Banana Muffin (2 oz.) 6754 Choice of Milk	Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482	WG Muffin 6754 Choice of Milk	WG Cinnamon Roll (2oz.) 6910 Choice of Milk	Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482



Caddo Parish Child Nutrition Programs
Kindergarten – 5th Grade MENU DAYS OPENING OF SCHOOL 2018

	CYCLE DAY 6 Food Scan R11 Produce Scan RJ MONDAY, OCTOBER 29, 2018	CYCLE DAY 7 Food Scan R11 Produce Scan RJ TUESDAY, OCTOBER 30, 2018	CYCLE DAY 8 Food Scan R11 Produce Scan RK WEDNESDAY, OCTOBER 31, 2018 Happy Halloween	CYCLE DAY 9 Food Scan R11 Produce Scan RK THURSDAY, NOVEMBER 1, 2018	CYCLE DAY 10 Food Scan R11 Produce Scan RK FRIDAY, NOVEMBER 2, 2018
BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits w/ WG Toast (2) 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Dutch Waffles w/ Powdered Sugar 6902 Choice; Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll (2 oz.) 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Whole Banana Muffin (2 oz.) 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Toaster Pastry 6908 Sausage Pattie (1 oz.) Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk
Meat/Meat Alternate K-8 th = 1 ½ -2 oz 9-12 th = 2 oz – 3 oz. Mixed Entrée K-8 th = ¾ c 9-12 th = 1 c.	<u>ENTREE or MIXED ENTRÉE</u> Chicken Nuggets 2117	<u>ENTREE or MIXED ENTRÉE</u> Beef Tacos 1713 Elementary- 2 each	<u>ENTREE or MIXED ENTRÉE</u> Baked Chicken 2101	<u>ENTREE or MIXED ENTRÉE</u> Jambalaya w/ Chicken and Sausage 2544	<u>ENTREE or MIXED ENTRÉE</u> Nacho W Meat & Cheese Sauce 1516
Vegetable: Other, Starchy, Or Beans and Peas ½ c	<u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130	<u>STARCHY/BEANS AND PEAS/OTHER</u> Mexican Whole Kernel Corn 3030	<u>STARCHY/BEANS AND PEAS/OTHER</u> Steamed Cabbage 3210	<u>STARCHY/BEANS AND PEAS/OTHER</u>	<u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Baked Beans 2322
Grain/Bread K-8 = 1-2 oz; 9-12 th = 2 oz	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>	<u>GRAIN/BREAD</u> Whole Grain Cornbread 6117	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>
Salad Bar Meal 4-12 th (See Attach)	Chef Salad 2835	Baked Potato Bar w/Grated Cheese 2334	Fried Chicken Salad Plate 1716	Nacho w/Meat & Cheese Sauce 1516	Fresh Fruit & Vegetable Salad Bar 2838 Or Tuna Salad 1714
Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)	<u>DARK GREEN/RED/ORANGE/SALAD</u> Seasoned Mixed Vegetable 3595	<u>DARK GREEN/RED/ORANGE/SALAD</u> Shredded Lettuce and Diced Tomatoes 10	<u>DARK GREEN/RED/ORANGE/SALAD</u> Sweet Potato Patties (2 each) 3154	<u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3320 Glazed Carrots 3346	<u>DARK GREEN/RED/ORANGE/SALAD</u> Tossed Garden Salad 3556
Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Frozen Fruit Cup 4570 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily
Condiment Bar Items: (all 20%)	Fat Free Ranch Dressing 4641 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624	Fat Free Ranch 4641 Mustard 4624 Catsup 4662 Hot Sauce 4646 Fat Free Salad Dressing/Mayo 4645	Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624	Fat Free Ranch Dressing 4641 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624 Hot Sauce 4646	Catsup 4662 Tartar Sauce 4638 Hot Sauce 4646 Fat Free Ranch Dressing 4641
Beverage:Bottled Water OfferedDaily Snack	Choice of Milk Low Fat WG Banana Muffin (2 oz.) 6754 Choice of Milk	Choice of Milk Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482	Choice of Milk WG Muffin Choice of Milk	Choice of Milk WG Cinnamon Roll (2 oz.) 6910 Choice of Milk	Choice of Milk Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482

Caddo Parish, Child Nutrition Programs



6TH GRADE - 12TH GRADE ELEMENTARY SECONDARY MENU DAYS OPENING OF SCHOOL 2018

Rev. 7/31/2017 Updated:	CYCLE DAY 1 Food Scan R12 Produce Scan RK MONDAY, NOVEMBER 5, 2018	CYCLE DAY 2 Food Scan Produce Scan TUESDAY, NOVEMBER 6, 2018 Election Day (Caddo Closed)	CYCLE DAY 3 Food Scan R12 Produce Scan RK WEDNESDAY, NOVEMBER 7, 2018	CYCLE DAY 4 Food Scan R12 Produce Scan RL THURSDAY, NOVEMBER 8, 2018	CYCLE DAY 5 Food Scan R12 Produce Scan RL FRIDAY, NOVEMBER 9, 2018
BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz	Fresh Fruit (½ c) Fruit Juice (4 fl. oz) 1484 Hot Buttery Grits w/WG Toast (2) 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk		Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll (2 oz.) 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Whole Banana Muffin (2 oz.). 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Toaster Pastry 6908 Sausage Pattie (1 oz.) 2016 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk
LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¾ c.; 9-12 th = 1 c. Vegetable: Other, Starchy Or Beans and Peas ½ c	<u>ENTRÉE OR MIXED ENTRÉE</u> Steak Fingers 2045 <u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130		<u>ENTREE or MIXED ENTREE</u> Salisbury Steak 2001 <u>STARCHY/BEANS AND PEAS/OTHER</u> Brown Rice 5605 Seasoned Green Beans 3034	<u>ENTREE or MIXED ENTREE</u> Whole Grain Corndog 2479 <u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Beans 2322	<u>ENTREE or MIXED ENTREE</u> Baked Cornmeal Fish Strips 2187 <u>STARCHY/BEANS AND PEAS/OTHER</u> Cheesy Potatoes 3026
Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771		<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u> WG Brownie 7500	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771
Salad Bar Meal 4-12 th (See Attach)	Chef Salad 2835		Fried Chicken Salad Plate 1716	Nacho w/Meat & Cheese Sauce 1516	Fresh Fruit & Vegetable Salad Bar Or Tuna Salad 2838 1714
Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)	<u>DARK GREEN/RED/ORANGE/SALAD</u> Buttered Carrots 3044 Lettuce and Sliced Tomatoes 10		<u>DARK GREEN/RED/ORANGE/SALAD</u> Sweet Potato Delight 3155	<u>DARK GREEN/RED/ORANGE/SALAD</u> Popeye Salad 3560	<u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3320
Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily		<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Frozen Fruit Cup 4570 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily
Condiment Bar Items: (all 20%)	Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624		Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624	Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Mustard 4624 Dressing: Fat Free Ranch 4641	Dressing: Fat Free Ranch 4641 Catsup, PC 4662 Hot Sauce 4646 Tartar Sauce 4638
Beverage: Potable Water Offered Daily	Choice of Milk		Choice of Milk	Choice of Milk	Choice of Milk
Snacks:	Low Fat WG Banana Muffin (2 oz.) 6754 Choice of Milk		WG Muffin 6754 Choice of Milk	WG Cinnamon Roll (2oz.) 6910 Choice of Milk	Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482

Caddo Parish Child Nutrition Programs
Kindergarten – 5th Grade MENU DAYS OPENING OF SCHOOL 2018



	CYCLE DAY 6 Food Scan R13 Produce Scan RL MONDAY, NOVEMBER 12, 2018	CYCLE DAY 7 Food Scan R13 Produce Scan RL TUESDAY, NOVEMBER 13, 2018	CYCLE DAY 8 Food Scan R13 Produce Scan RM WEDNESDAY, NOVEMBER 14, 2018	CYCLE DAY 9 Food Scan R13 Produce Scan RM THURSDAY, NOVEMBER 15, 2018 Thanksgiving Dinner Served	CYCLE DAY 10 Food Scan R13 Produce Scan RM FRIDAY, NOVEMBER 16, 2018
BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits w/ WG Toast (2) 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Dutch Waffles w/ Powdered Sugar 6902 Choice; Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll (2 oz.) 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG LF Muffin 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Toaster Pastry 6908 Sausage Pattie (1 oz.) Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk
Meat/Meat Alternate K-8 th = 1 ½ -2 oz 9-12 th = 2 oz – 3 oz. Mixed Entrée K-8 th = ¾ c 9-12 th = 1 c.	<u>ENTREE or MIXED ENTRÉE</u> Chicken Nuggets 2117	<u>ENTREE or MIXED ENTRÉE</u> Beef Tacos 1713 Elementary- 2 each	<u>ENTREE or MIXED ENTRÉE</u> Baked Chicken 2101	<u>ENTREE or MIXED ENTRÉE</u> Sliced Roast Turkey w/Gravy 2130	<u>ENTREE or MIXED ENTRÉE</u> Nacho W Meat & Cheese Sauce 1516
Vegetable: Other, Starchy, Or Beans and Peas ½ c	<u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130	<u>STARCHY/BEANS AND PEAS/OTHER</u> Mexican Whole Kernel Corn 3030	<u>STARCHY/BEANS AND PEAS/OTHER</u> Steamed Cabbage 3210	<u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Green Beans 3034	<u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Baked Beans 2322
Grain/Bread K-8 = 1-2 oz; 9-12 th = 2 oz	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>	<u>GRAIN/BREAD</u> Whole Grain Cornbread 6117	<u>GRAIN/BREAD</u> Cornbread Dressing w/Cranberry 5210 Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>
Salad Bar Meal 4-12 th (See Attach)	Chef Salad 2835	Baked Potato Bar w/Grated Cheese 2334	Fried Chicken Salad Plate 1716	Fresh Fruit & Vegetables 2838	Fresh Fruit & Vegetable Salad Bar 2838 Or Tuna Salad 1714
Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)	<u>DARK GREEN/RED/ORANGE/SALAD</u> Seasoned Mixed Vegetable 3595	<u>DARK GREEN/RED/ORANGE/SALAD</u> Shredded Lettuce and Diced Tomatoes 10	<u>DARK GREEN/RED/ORANGE/SALAD</u> Sweet Potato Patties (2 each) 3154	<u>DARK GREEN/RED/ORANGE/SALAD</u> Shades of Green Salad 3552 Sweet Potato Delight 3155 Or Sweet Potato Pie	<u>DARK GREEN/RED/ORANGE/SALAD</u> Tossed Garden Salad 3556
Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Frozen Fruit Cup 4570 Please place fresh fruit basket on line daily	<u>FRUIT</u> Chilled Mandarin Oranges 4258 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily
Condiment Bar Items: (all 20%)	Fat Free Ranch Dressing 4641 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624	Fat Free Ranch Dressing 4641 Mustard 4624 Catsup 4662 Hot Sauce 4646 Fat Free Salad Dressing/Mayo 4645	Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624	Hot Sauce 4646 Fat Free Ranch 4641	Catsup 4662 Tartar Sauce 4638 Hot Sauce 4646 Fat Free Ranch Dressing 4641
Beverage:Potable Water OfferedDaily Snack	Choice of Milk Low Fat WG Banana Muffin (2 oz.) 6754 Choice of Milk	Choice of Milk Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482	Choice of Milk WG Muffin Choice of Milk	Choice of Milk WG Cinnamon Roll (2 oz.) 6910 Choice of Milk	Choice of Milk Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482

Caddo Parish, Child Nutrition Programs
Kindergarten - 5th Grade MENU DAYS OPENING OF SCHOOL 2018



Rev. 7/31/2017 Updated:	CYCLE DAY 1 Food Scan Produce Scan MONDAY, NOVEMBER 19, 2018	CYCLE DAY 2 Food Scan Produce Scan TUESDAY, NOVEMBER 20, 2018	CYCLE DAY 3 Food Scan Produce Scan WEDNESDAY, NOVEMBER 21, 2018	CYCLE DAY 4 Food Scan Produce Scan THURSDAY, NOVEMBER 22, 2018	CYCLE DAY 5 Food Scan Produce Scan FRIDAY, NOVEMBER 23, 2018
BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz					
LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¾ c.; 9-12 th = 1 c. Vegetable: Other, Starchy Or Beans and Peas ½ c					
Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz					
Meat/Meat Alternate 6-12 th = 2-3 oz Mixed Entrée: 6-8 th ¾ c.; 9-12 th = 1c. Grain/Bread = 1-2 oz Vegetable; Other, Starchy, Beans or Peas, ½ c	<h1 style="margin: 0;">Thanksgiving Holiday (School Closed)</h1>				
Salad Bar Meal 4-12 th (See Attach) Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)					
Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c					
Condiment Bar Items: (all 20%)					
Beverage: Potable Water Offered Daily					
Snacks:					

Caddo Parish Child Nutrition Programs
Kindergarten - 5th Grade MENU DAYS OPENING OF SCHOOL 2018



	CYCLE DAY 1 Food Scan R14 Produce Scan RM MONDAY, NOVEMBER 26, 2018	CYCLE DAY 2 Food Scan R14 Produce Scan RM TUESDAY, NOVEMBER 27, 2018	CYCLE DAY 3 Food Scan R14 Produce Scan RN WEDNESDAY, NOVEMBER 28, 2018	CYCLE DAY 4 Food Scan R14 Produce Scan RN THURSDAY, NOVEMBER 29, 2018	CYCLE DAY 5 Food Scan R14 Produce Scan RN FRIDAY, NOVEMBER 30, 2018
BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz	Fresh Fruit (½ c) Fruit Juice (4 fl. oz) 1484 Hot Buttery Grits w/WG Toast (2) 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Dutch Waffles w/ Powdered Sugar 6902 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll (2 oz.) 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Whole Banana Muffin (2 oz.) 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Toaster Pastry 6908 Sausage Pattie (1 oz.) 2016 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk
Meat/Meat Alternate K-8 th = 1 ½ -2 oz 9-12 th = 2 oz - 3 oz. Mixed Entrée K-8 th = ¾ c 9-12 th = 1 c.	<u>ENTRÉE OR MIXED ENTRÉE</u> Steak Fingers 2045	<u>ENTREE or MIXED ENTRÉE</u> Chili / Cheese Dogs 2480	<u>ENTREE or MIXED ENTRÉE</u> Salisbury Steak 2001	<u>ENTREE or MIXED ENTRÉE</u> Whole Grain Corndog 2479	<u>ENTREE or MIXED ENTRÉE</u> Baked Cornmeal Fish Strips 2187
Vegetable: Other, Starchy, Or Beans and Peas ½ c	<u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130	<u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Tator Tots 3362	<u>STARCHY/BEANS AND PEAS/OTHER</u> Brown Rice 5605 Seasoned Green Beans 3034	<u>STARCHY/BEANS AND PEAS/OTHER</u> Baked Beans 2322	<u>STARCHY/BEANS AND PEAS/OTHER</u> Cheesy Potatoes 3026
Grain/Bread K-8 = 1-2 oz; 9-12 th = 2 oz	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u> WG Brownie 7500	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771
Salad Bar Meal 4-12 th (See Attach)	Chef Salad 2835	Baked Potato Bar w/Grated Cheese 2334	Fried Chicken Salad Plate 1716	Nacho w/Meat & Cheese Sauce 1516	Fresh Fruit & Vegetable Salad Bar 2838 Or Tuna Salad 1714
Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)	<u>DARK GREEN/RED/ORANGE/SALAD</u> Buttered Carrots 3044	<u>DARK GREEN/RED/ORANGE/SALAD</u> Garden Salad 3356	<u>DARK GREEN/RED/ORANGE/SALAD</u> Sweet Potato Delight 3155	<u>DARK GREEN/RED/ORANGE/SALAD</u> Popeye Salad 3560	<u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3320
Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Frozen Fruit Cup 4570 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily
Condiment Bar Items: (all 20%)	Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624	Dressing: Fat Free Ranch 4641 Mustard 4624 Pickle Relish 4635 Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Hot Sauce 4646	Catsup, PC 4662 Dressing: Fat Free Ranch 4641 Fat Free Salad Dressing Mayo 4645 Mustard 4624	Catsup, PC 4662 Fat Free Salad Dressing Mayo 4645 Mustard 4624 Dressing: Fat Free Ranch 4641	Dressing: Fat Free Ranch 4641 Catsup, PC 4662 Hot Sauce 4646 Tartar Sauce 4638
Beverage:Potable Water OfferedDaily Snack	Choice of Milk Low Fat WG Banana Muffin (2 oz.) 6754 Choice of Milk	Choice of Milk Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482	Choice of Milk WG Muffin 6754 Choice of Milk	Choice of Milk WG Cinnamon Roll (2oz.) 6910 Choice of Milk	Choice of Milk Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482

Caddo Parish, Child Nutrition Programs
Kindergarten – 5th Grade MENU DAYS OPENING OF SCHOOL 2018



Rev. 02/26/2018 Updated:	CYCLE DAY 6 Food Scan R15 Produce Scan RN MONDAY, DECEMBER 3, 2018	CYCLE DAY 7 Food Scan R15 Produce Scan RN TUESDAY, DECEMBER 4, 2018	CYCLE DAY 8 Food Scan R15 Produce Scan RO WEDNESDAY, DECEMBER 5, 2018	CYCLE DAY 9 Food Scan R15 Produce Scan RO THURSDAY, DECEMBER 6, 2018	CYCLE DAY 10 Food Scan R15 Produce Scan RO FRIDAY, DECEMBER 7, 2018
BREAKFAST: Fruit or Fruit Juice ½ c Meat/Meat Alt 2 oz. Or WG Bread 2 oz Or Meat/Meat Alt 1 oz and WG/ Bread 1 oz Choice of Milk 8 fl. oz	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Hot Buttery Grits w/ WG Toast (2) 5005 Scrambled Eggs (1-2 oz.) 2271 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Dutch Waffles w/ Powdered Sugar 6902 WG Cinnamon Roll (2 oz.) 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 WG Cinnamon Roll (2 oz.) 6911 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Canned Fruit ½ c. Whole Banana Muffin (2 oz.) 6754 Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk	Fresh Fruit (½ c) Fruit Juice (4 fl. oz.) 1484 Toaster Pastry 6908 Sausage Pattie (1 oz.) Choice: Assorted Cereal 1050 Whole Grain Toast w/Jelly 6065 Choice of Milk
LUNCH: Meat/Meat Alt. K-8 th = 1 ½ - 2 oz 9-12 th = 2 - 3 oz. Mixed Entrée K-8 th = ¼ c.; 9-12 th = 1 c. Vegetable: Other, Starchy Or Beans and Peas ½ c	<u>ENTREE or MIXED ENTRÉE</u> Chicken Nuggets 2117 <u>STARCHY/BEANS AND PEAS/OTHER</u> Mashed Potatoes 3130	<u>ENTREE or MIXED ENTRÉE</u> Beef Tacos 1713 Elementary- 2 each <u>STARCHY/BEANS AND PEAS/OTHER</u> Mexican Whole Kernel Corn 3030	<u>ENTREE or MIXED ENTRÉE</u> Baked Chicken 2101 <u>STARCHY/BEANS AND PEAS/OTHER</u> Steamed Cabbage 3210	<u>ENTREE or MIXED ENTRÉE</u> Jambalaya w/ Chicken and Sausage 2544 <u>STARCHY/BEANS AND PEAS/OTHER</u>	<u>ENTREE or MIXED ENTRÉE</u> Nacho W Meat & Cheese Sauce 1516 <u>STARCHY/BEANS AND PEAS/OTHER</u> Seasoned Baked Beans 2322
Grain/Bread K-8= 1-2 oz; 9-12 th = 2 oz	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>	<u>GRAIN/BREAD</u> Whole Grain Cornbread 6117	<u>GRAIN/BREAD</u> Whole Grain Dinner Roll 6771	<u>GRAIN/BREAD</u>
Salad Bar Meal 4-12 th (See Attach)	Chef Salad 2835	Baked Potato Bar w/Grated Cheese 2334	Fried Chicken Salad Plate 1716	Nacho w/Meat & Cheese Sauce 1516	Fresh Fruit & Vegetable Salad Bar Or Tuna Salad 2838 1714
Vegetable: Dark Green, Orange Or Red. K-12 th = ½ c ea. Of 2 separate vegetables (1 c Green Leafy Veg = ½ c. serving)	<u>DARK GREEN/RED/ORANGE/SALAD</u> Seasoned Mixed Vegetable 3595	<u>DARK GREEN/RED/ORANGE/SALAD</u> Shredded Lettuce and Diced Tomatoes 10	<u>DARK GREEN/RED/ORANGE/SALAD</u> Sweet Potato Patties (2 each) 3154	<u>DARK GREEN/RED/ORANGE/SALAD</u> Steamed Broccoli 3320 Glazed Carrots 3346	<u>DARK GREEN/RED/ORANGE/SALAD</u> Tossed Garden Salad 3556
Fresh or Canned Fruit K-8 th = ½ c 9-12 th = 1 c	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Frozen Fruit Cup 4570 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily	<u>FRUIT</u> Fruit Cup 4031 Please place fresh fruit basket on line daily
Condiment Bar Items: (all 20%)	Fat Free Ranch Dressing 4641 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624	Fat Free Ranch Dressing 4641 Mustard 4624 Catsup 4662 Hot Sauce 4646 Fat Free Salad Dressing/Mayo 4645	Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624	Fat Free Ranch Dressing 4641 Catsup 4662 Fat Free Salad Dressing/Mayo 4645 Mustard 4624 Hot Sauce 4646	Catsup 4662 Tartar Sauce 4638 Hot Sauce 4646 Fat Free Ranch Dressing 4641
Beverage: Potable Water Offered Daily	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
Snacks:	Low Fat WG Banana Muffin (2 oz.) 6754 Choice of Milk	Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz. 1482	WG Muffin Choice of Milk	WG Cinnamon Roll (2 oz.) 6910 Choice of Milk	Ham & Cheese on WG Bread 2446 Fruit Juice 4oz 1482

Kindergarten - 5th Grade MENU DAYS OPENING OF SCHOOL 2018



Salad Bar (6-12th)	NACHO W/ MEAT & CHEESE SAUCE SALAD BAR	1516	TUNA SALAD BAR	1714	SACK LUNCH	2449	FRESH FRUIT & VEGETABLE SALAD	2838
Meat/Meat Alternate 2-3 oz. Vegetables: 1 c. Green Leafy Vegetable & ½ c. Vegetables Fruit: 4-8th ½ c. 9-12th 1c. Grain/Bread: 1-2 oz. Choice of milk	Nacho Cheddar Cheese (3oz) 1515 Seasoned Pinto Beans 2326 Romaine Lettuce Broccoli 4651 Tomato 4626 Green Onions 4630 Olives Sliced Pickles 4628 Croutons 6107 Picante Sauce 4655 Whole Grain Crackers or WG Hot Bread Dressing: Fat Free Ranch Dressing 4641 Fresh or Canned Fruit Choice of Milk		Tuna Salad Romaine Lettuce Broccoli 4651 Tomatoes 4626 Chopped Cauliflower 4652 Grated Carrots 4621 Sliced Pickles Sliced Egg 4637 Croutons 6107 Whole Grain Crackers or WG Hot Bread Dressing: Fat Free Ranch Dressing 4641 Fresh or Canned Fruit Choice of Milk		Ham Poboy (2 oz shaved ham on WG hot dog bun with mustard) Potato Chips (1 oz. bag) 1105 Half Orange 4256 Half Apple 4204 Carrot & Celery Sticks 3501 Baked Dessert 7615 (Oatmeal Raisin Cookies) Choice of Milk		Fresh Apple Wedges 4204 Fresh Orange Wedges 4256 Romaine Lettuce Fresh Tomatoes 4626 Fresh Carrots 4621 Fresh Broccoli 4651 Fresh Cauliflower 4652 Cheese and /or Boiled Egg (2 oz.) Whole Grain Crackers or WG Hot Bread Choice of Fruited Yogurt Dressing: Fat Free Ranch Dressing 4641 Choice of Milk	

CHEF SALAD BAR	1509	POTATO BAR W/GRATED CHEESE	2334	FRIED CHICKEN SALAD PLATE	1718	Fajita Chicken Salad	1716	TACO SALAD BAR	1713
TURKEY/CHICKEN SALAD BAR									
Turkey Strips/Chicken/Ham Strips Cheese 1509 Romaine Lettuce Tomatoes 4626 Bell Pepper Broccoli 4651 Grated Carrots 4621 Bacon Bits Croutons 6107 Whole Grain Crackers or WG Hot Bread Dressing: Fat Free Ranch Dressing 4641 Fresh or Canned Fruit Choice of Milk		Potato w/Grated Cheese Whipped Margarine 4648 Romaine Lettuce Broccoli 4651 Tomatoes 4626 Green Onions 4630 Bacon Bits Sliced Eggs 4637 Croutons 6107 Whole Grain Crackers or WG Hot Bread Dressing: Fat Free Ranch Dressing 4641 Fresh or Canned Fruit Choice of Milk		Fried Chicken Chunks(Chopped) Romaine Lettuce Tomato 4626 Grated Carrot 4621 Sliced Eggs 4637 Green Onion 4630 Broccoli 4651 Croutons 6107 Whole Grain Crackers or WG Hot Bread Dressing: Fat Free Ranch Dressing 4641 Fresh or Canned Fruit Choice of Milk		Fajita Chicken Strips Seasoned Pinto Beans 2326 Shredded Lettuce Tomatoes 4626 Shredded Cheese 4623 Sour Cream Picante Sauce 4655 Jalapeno Pepper Whole Grain Crackers or WG Hot Bread Choice of Fruited Yogurt Fat Free Ranch Dressing 4641 Fresh or Canned Fruit Choice of Milk		Taco Meat w/Taco Shells Seasoned Pinto Beans 2326 Cheese 4623 Romaine Lettuce Broccoli 4651 Tomatoes 4626 Green Onion 4630 Olives Sliced Pickles 4628 Picante Sauce 4655 Croutons 6107 Whole Grain Crackers or WG Hot Bread Dressing: Fat Free Ranch 4641 Fresh or Canned Fruit Choice of Milk	

Note: Fruit Yogurt is a meat alternate to be offered on the Salad Bar daily.

AFTER SCHOOL SNACK PROGRAM

Please follow the Cycle Day menus below. Do not repeat the same menu each snack serving day. Example: If you serve snacks on Tuesday and Thursday, serve WG Cinnamon Roll and milk Tuesday and WG Banana Bread on Thursday of the first week; Turkey & Cheese on WG Bun on Tuesday and Ham and Cheese and Juice on Thursday of the second week; Muffin and Milk on Tuesday and Turkey & Cheese on WG Bun and Juice on Thursday of the third week, and so on.

Serving sizes Snack menu items are as follows:

Day 1	Day 2	Day 3	Day 4	Day 5
Low Fat WG Banana Muffin (2 oz.) 6754 Choice of Milk	Cinnamon Rolls (2oz) 6910 Choice of Milk	Turkey & Cheese on WG Bun 2448 Fruit Juice 4 oz.	WG Cinnamon Roll (2oz) 6910 Choice of Milk	Turkey & Cheese on WG Bread 2448 Fruit Juice 4 oz.



Revised as of 07/31/2017

Clerical: wbj