

# VIRTUAL MEALS

## Menu Item(s)



**Whole Grain Toaster Pastry**  
(Contains Wheat and Soy)

**Whole Grain Cereal**

(All Cereal Contains Wheat)  
Expiration date shown on package



**Orange Juice (Contains Orange Juice Concentrate)**  
**Apple Juice (Contains Apple Juice Concentrate)**

**Fruit Blend Juice (Contains Pear, Apple, Pineapple, Orange and Grape Juice Concentrate)**  
Best if used by date shown on package

**1% Low Fat Milk (Contains Milk)**

**Fat Free Chocolate Milk (Contains Milk)**

Refrigerate Immediately. Expiration date shown on package



**Turkey & Cheese Lunch Kit**

(Contains Eggs or Egg Derivatives, Milk or Milk Derivatives, Soybeans or Soybean Derivatives, Wheat or Wheat Derivatives)



**Turkey Ham & Cheese Lunch Kit**

(Contains Eggs or Egg Derivatives, Milk or Milk Derivatives, Soybeans or Soybean Derivatives, Wheat or Wheat Derivatives)

**Cheese Pizza Lunch Kit**

(Contains Milk or Milk Derivatives, Soybeans or Soybean Derivatives, Wheat or Wheat Derivatives)

All Lunch Kit Products can be held for 3 – 5 days in refrigerator

**Fresh Broccoli (½ cup servings/bag)**

**Fresh Carrots (½ cup servings/bag)**

**Fresh Apples (½ cup servings)**

**Fresh Oranges (½ cup servings)**



Refrigerate Bags of Vegetables. Best if used by date shown on package  
Wash Apples and Oranges before consumption

**Ranch Dressing Dip**

(Contains Milk, Egg and Soy)